Hello, Hi, Goodbye

拍数: 64	墙数: 4	级数: Advanced

编舞者: Dan McInerney (UK) - September 2012

音乐: Hello, Hi, Goodbye - Rita Ora : (Album: ORA)

Starts: 72 counts/33 seconds, just before she sings "Imagine the future…"

SIDE, HOLD, ROCK, RECOVER, STEP, TOGETHER, STEP, TOGETHER

1, 2   Making 1/4 L step R to R side, hold
3, 4   Rock L behind R, recover weight onto R
5, 6   Making 1/4 turn L step L forward, step R next to L (09:00)
7, 8   Making 1/4 turn L step L forward, step R next to L (06:00)
(NOTE: on walls 1 and 5 – first wall and after the restart – don't do the 1/4 turn on count 1)

STEP, HOLD, ROCK, RECOVER, BACK, HALF, STEP, HALF

1, 2   Making 1/4 turn L step L forward, hold (03:00)
3, 4   Rock R forward, recover weight onto L
5, 6   Step R back, making 1/2 L step forward L (09:00)
7, 8   Step forward R, make 1/2 L taking weight onto L (03:00)

STEP, HOLD, TURN, TURN, STEP, HOLD, STEP, HOLD

1, 2   Step R forward, hold
3, 4   Making 1/2 turn R step L back, making 1/2 turn R step R forward (03:00)
5, 6   Step L forward and slightly across R, hold
7, 8   Step R forward and slightly across L, hold

TURN, HOLD, HALF, BACK, BACK, DRAG, ROCK, RECOVER

1, 2   Make 1/2 turn L weight ending on L, hold (09:00)
3, 4   Making 1/2 turn L step R back, step L back (03:00)
5, 6   Step R big step back, drag L towards R
7, 8   Rock L back, recover weight onto R

STEP, SPIRAL, STEP, TURN, BEHIND, SIDE, CROSS, SIDE

1, 2   Step L forward, spiral full turn R (03:00)
3, 4   Step R forward, making 1/2 R step L back as you being to sweep R foot out to R side (09:00)
5, 6   Step R behind L, step L to L side
7, 8   Step R across L, step L to L side

BEHIND, HOLD, ROCK, RECOVER, STEP, TURN, ROCK, RECOVER

1, 2   Step R behind L, hold
3, 4   Rock L to L side, recover weight onto R
5, 6   Making 1/4 R step L forward, pivot 1/2 R taking weight onto R (06:00)
7, 8   Rock L forward, recover weight back onto R
(RESTART: on wall 5 modify counts 7 and 8 before the Restart - see below

STEP, LOCK, STEP, HOLD, TURN, HOLD, TURN, HOLD

1, 2   Making 1/2 turn L step L forward, lock R slightly behind L (12:00)
3, 4   Step L forward, hold
5, 6   Making 1/2 L step R back, hold (06:00)
7, 8   Making 1/2 L step L forward, making 1/2 turn L step R back (06:00)

TURN, TURN, ROCK, RECOVER, HALF, ROCK, RECOVER, HALF

1, 2   Making 1/2 turn L stepping forward, (2) hold (12:00)

3, 4	Press R forward, recover weight back onto L
5, 6	Making 1/2 turn R step R forward, press L forward (06:00)
7, 8	Recover weight back onto R, making 1/2 turn L step L forward (12:00)

REPEAT

RESTART: Happens after 48 counts on wall 5: modify counts 7 and 8 before the Restart –
On count 7 make 1/4 turn R stepping L to L side, on count 8 touch R next to L then Restart the dance facing 09:00 without the 1/4 turn on count 1.

Contact: mcidahechi@hotmail.com | www.danmcinerney.com

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