

Take Hold of My Hand

COPPERKNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Bill Larson (AUS) - August 2012
音乐: Take Hold of My Hand - Dwight Yoakam : (CD: 3 Pears)



Weight on Left, Start 16 counts in on vocals - Turning CW

Section 1: Step Pivot, Rock Turn, Step Pivot, Shuffle Forward

1,2 Step R forward, Pivot 1/2 turn L (weight fwd on L 6:00)
3 Rock weight back onto R
4 turning 1/2 turn L Step L forward (12:00)
5,6 Step R forward, Pivot 1/2 turn L (6:00)
7&8 Shuffle forward: Stepping R, L, R

Section 2: Forward Rock, Shuffle, Back Rock, Shuffle Forward

1,2 Step L forward, Recover weight back onto R
3&4 Shuffle back: Stepping L, R, L
5,6 Step R back, Recover weight forward onto L
7&8 Shuffle forward: Stepping R, L, R

Section 3: Cross Rock, Shuffle L, Cross Rock Shuffle R

1,2 Cross/Step L over R, Recover weight onto R
3&4 Shuffle to L side: Stepping L, R, L
5,6 Cross/Step R over L, Recover weight onto L
7&8 Shuffle to R side: Stepping R, L, R

Section 4: Cross Weave, Step Turn, Pivot 3/4, Side Behind

1,2 Cross L over R, Step R to side
3,4 Step L behind R, Step R to side with 1/4 turn R (9:00)
5,6 Step L forward, Pivot 3/4 turn R (weight on R 6:00)
7,8 Step L to side, Step R behind L

Section 5: Side Recover, Side & Side, Full Monterey 3/4 Turn R

1,2 Step L to side, Recover weight onto R
3&4 Step L beside R, Step R to Side, Step L beside R
5,6 Touch R to R side, Turning 3/4 R Step R beside L (3:00)
7,8 Touch L to side, Step L beside R

Section 6: Forward Rock, Shuffle, Back Rock, Shuffle Forward

1,2 Step R forward, Recover weight back onto L
3&4 Shuffle back: Stepping R, L, R
5,6 Step L back, Recover weight forward onto R
7&8 Shuffle forward: Stepping L, R, L

Start Again ... Thanks to Joe & Karen for sharing the music

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