

拍数: 32 場数: Intermediate

编舞者: Val Parry (UK) - October 2012

音乐: Skyfall - Adele



INTRO - 32 Counts Starts on Main Vocals

| Forward Roo | k Full turn | hack | hack hack | cross v2 | 3/ turn |
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| 1-2 & | Forward Rock on Left, Recover on Right, Close Left to Right (&) | |
|-------|---|--|
| | | |

3-4 Turn ½ right stepping forward on Right, Turn ½ right stepping back on Left

&5 Step back on Right, Step Back on Left,

6&7& Cross Right over Left, Step back on Left, Step back on Right, Cross Left over Right,

8& Turn ¼ left stepping back on Right, Turn ½ left stepping forward on Left [3]

1/4 Side rock cross, Side rock cross, Side drag and cross, Side rock

| 1-2& Turn ¼ left rocking Right to right side, Recover on Left, Cross Right over Left, [12] |
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|--|

3-4& Rock Left to left side, Recover weight on Right, Cross Left over Right

5-6& Long Step to right, drag Left to Right, Take weight on Left

7-8& Cross Right over Left, Rock Left to left side, Recover weight on Right *** [12]

*** Restart Here WALL 4

Mambo ¼,, Pivot full turn, Coaster Cross, Turn ¼, Step back, Back Rock

| 1 – 2& | Rock forward on Left, Recover on Right, Turn $\frac{1}{4}$ Left stepping forward on Left (&), [9] |
|--------|---|
| 3&4& | Step forward on Right, Pivot ½ left, Turn ½ stepping back on Right, Step back on Left |
| 5-6& | Step back on Right, Step together on Left, Cross Right in front of Left |
| 7- 8& | Turn 1/4 Right stepping Left back, Rock back on Right, Recover on Left [12] |

Turn ½, Back rock ½, Run around ½ turn, Run forward 2, Rocking Chair

| 1-2&3 | Turn ½ left stepping back Right, Rock back on Left, Recover on Right, Turn ½ right stepping back on Left |
|-------|--|
| 4 & 5 | Run around ½ turn right stepping Right, Left, Right, |
| 6 & | Run forward Left Run |
| 7&8& | Rock forward on Left, Recover on Right, Rock back on Left, Recover on Right [6] |

**** There is ONE RESTART on WALL 4

ENDING - The dance finishes on the back wall on count 32 – To finish front Step forward on Left, Cross Right over Left and slowly unwind to the front

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