

拍数: 32 编数: 2 级数: Intermediate

编舞者: Val Parry (UK) - October 2012

音乐: Skyfall - Adele



### INTRO - 32 Counts Starts on Main Vocals

Forward	Rock	Full turn	hack	back back	cross v2	3/4 turn
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1-2 &	Forward Rock on Left, Recover on Right, Close Left to Right (&)
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3-4 Turn ½ right stepping forward on Right, Turn ½ right stepping back on Left

&5 Step back on Right, Step Back on Left,

6&7& Cross Right over Left, Step back on Left, Step back on Right, Cross Left over Right,

8& Turn ¼ left stepping back on Right, Turn ½ left stepping forward on Left [3]

### 1/4 Side rock cross, Side rock cross, Side drag and cross, Side rock

1-2&	Turn ¼ left rocking	Right to right side	Recover on Left	Cross Right over Left, [12]

3-4& Rock Left to left side, Recover weight on Right, Cross Left over Right

5-6& Long Step to right, drag Left to Right, Take weight on Left

7-8& Cross Right over Left, Rock Left to left side, Recover weight on Right \*\*\* [12]

#### \*\*\* Restart Here WALL 4

### Mambo ¼,, Pivot full turn, Coaster Cross, Turn ¼, Step back, Back Rock

1 – 2&	Rock forward on Left, Recover on Right, Turn $\frac{1}{4}$ Left stepping forward on Left (&), [9]
3&4&	Step forward on Right, Pivot ½ left, Turn ½ stepping back on Right, Step back on Left
5-6&	Step back on Right, Step together on Left, Cross Right in front of Left
7- 8&	Turn 1/4 Right stepping Left back, Rock back on Right, Recover on Left [12]

# Turn ½, Back rock ½, Run around ½ turn, Run forward 2, Rocking Chair

1-2&3	Turn $\frac{1}{2}$ left stepping back Right, Rock back on Left, Recover on Right, Turn $\frac{1}{2}$ right stepping
	back on Left
4 & 5	Run around ½ turn right stepping Right, Left, Right,

6 & Run forward Left Run

7&8& Rock forward on Left, Recover on Right, Rock back on Left, Recover on Right [6]

## \*\*\*\* There is ONE RESTART on WALL 4

ENDING - The dance finishes on the back wall on count 32 – To finish front Step forward on Left, Cross Right over Left and slowly unwind to the front

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