

# Forever Young

**COPPER** KNOB  
STEPPERS

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Annie Saerens (BEL) - October 2012  
音乐: Forever Young - Rod Stewart



## Intro 32 counts

### SIDE, TOGETHER, CROSS SHUFFLE, $\frac{1}{4}$ , $\frac{1}{4}$ , FORWARD SHUFFLE

1-2-3&4      R step side, together with L, cross over R, side step L, cross over with R  
5-6-7&8       $\frac{1}{4}$  turn R stepping back with L,  $\frac{1}{4}$  turn R stepping side with R, L step fwd, together with R, L step fwd

### FORWARD ROCK STEP, COASTER CROSS, SIDE ROCK STEP, WEAVE

1-2-3&4      Rock R fwd, recover onto L, step R back, together with L, cross over with R  
5-6-7&8      Rock L side, recover onto R, step L behind, step R side, cross over with L

**Restart here on wall 8**

### SIDE ROCK STEP, SAILOR $\frac{1}{4}$ , PIVOT $\frac{1}{2}$ TURN, $\frac{1}{2}$ TURN SHUFFLE

1-2-3&4      R rock side, recover onto L, cross behind with R,  $\frac{1}{4}$  turn R stepping side with L, R step fwd  
5-6-7&8      Step L fwd,  $\frac{1}{2}$  turn R,  $\frac{1}{4}$  turn R stepping side with L, together with R,  $\frac{1}{4}$  turn R stepping back with L

### BACK ROCK STEP, KICK BALL STEP, TOGETHER, FORWARD ROCK STEP, COASTER CROSS

1-2-3&4      Rock R back, recover onto L, Kick R fwd, together with R, Step L fwd,  
&5-6-7&8      Step R together with L, rock L fwd, recover onto R, step L back, together with R, Cross over with L

## REPEAT

**RESTART:** On wall 8 (3.00), dance the first 16 counts and restart the dance (You will be facing 9.00)

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