

Killer Bounce

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Heidi Van Sinten (NL) - October 2012
音乐: Ode To The Bouncer - Studio Killers : (3:28)



Intro: 8 counts from the beat (start on vocals)

(1) R Heel grind 1/4 turn right, R Coasterstep, Walk L-R-L, R Side rock, Recover, Cross

1-2 RF push heel forward with toes left, turn toes to the right and turn 1/4 R. LF step to left side
3&4 RF step back, LF step beside RF, RF step forward (3)
5-6-7 LF step forward, RF step forward, LF step forward
8&1 RF rock to the side, weight back on LF, RF cross over LF (3)

(2) Side, Behind, L Rock, Recover, Cross, Side, Behind, 1/4 turn right

2-3 LF step to the left, RF cross behind LF
4&5 LF rock to the side, weight back on RF, LF cross over RF
6-7-8 RF step to the side, LF cross behind RF, turn 1/4 right step RV forward (6)

(3) Pivot 1/2 turn right, Shuffle 1/2 turn right, Walk Backwards R-L, R Coaster step

1-2 LF step forward, turn 1/2 right (weight on RF)
3&4 turn 1/4 right step LF to the side, RF step beside LF, turn 1/4 right step LF back (6)
5,6,7&8 RF step back, LF step back, RF step back, LF step beside RF, RF step forward

(4) L Twist side, Together, L Shuffle forward, R Twist side, Together, R Shuffle forward

1-2 LF step to the side (LF & RF toes to the left), RF step beside LF (toes to the front)
3&4 LF step forward, RF step beside LF, LF step forward
5-6 RF step to the side (RF & LF toes to the right), LF step beside RF (toes to the front)
7&8 RF step forward, LF step beside RF, RF step forward (6)

(5) L Side rock, Behind, Side, Cross, R Side rock, Behind, Side, Forward

1,2,3&4 LF rock to the side, weight back on RF, LF cross behind RF, RF step to the side, LF cross over RF
5-6 RF rock to the side, weight back on LF
7&8 RF cross behind LF, LF step to the side, RF step forward (6)

(6) L Touch forward, Touch side, Sailorstep 1/2 turn left, Step R + L with hip bumps

1-2 LF touch toe in front of RF, LF touch to the left
3&4 turn 1/4 left step LF behind RF, RF step beside LF, turn 1/4 left step LF forward (12)
5&6 RF step a little diagonal forward with hip bump forward, hip bump back, hip bump forward
7&8 LF step a little diagonal forward with hip bump forward, hip bump back, hip bump forward (restart wall 3)

(7) R Diagonal, Touch, L Diagonal, Touch, Rolling vine right (over left shoulder), Touch

1-2 RF step diagonal forward(turn body a little to the left), LF touch beside RF
3-4 LF step diagonal forward(turn body a little to the right), RF touch beside LF
5-8 turn 1/4 L. step RF back, turn 1/2 L. step LF forward, turn 1/4 L. step RF to the side, LF touch beside RF (12)

(8) Chassé left, Back rock, 2x 1/4 turn left, Walk R-L

1&2 LF step to the side, RF step beside LF, LF step to the side
3-4 RF rock behind LF, weight back on LF
5-8 turn 1/4 left step RF back, turn 1/4 left step LF to the side, RF step forward, LF step forward (6)

*****TAG; after the 2e wall (facing the front) you have an 8 count tag;**

1-4 RF touch to the side, RF touch beside LF, RF big step to the side, LF touch beside RF

5-8 LF touch to the side, LF touch beside RF, LF big step to the side, RF touch beside LF

*****RESTART; In the 3th wall dance until count 48 (left hip bumps)(front wall) and start the dance again..**

Contact: lovebughvs@hotmail.com
