So This Is Christmas



编舞者: Pauline Greenwood (AUS) - October 2012

音乐: Happy Xmas (War Is Over) - Sarah McLachlan : (Album: Wintersong)



Counter Clockwise Rotation

Position: Feet Together Weight On Right Foot.

Dance Starts On The Word 'Christmas' - And So This Is 'Christmas'

[1 - 6] CROSS. SIDE. ROCK. CROSS. QUARTER TOUCH. HOLD

1 2 3 Step L across in front of R. Step R to R side. Rock weight onto L.

4 5 6 Step R across in front of L. Turn 1/4R touching L toe to L side. Hold. (3.00)

[7 - 12] BEHIND, SIDE. ROCK. CROSS. TOUCH. HOLD

1 2 3 Step L behind R. Step R to R side. Rock weight onto L.

4 5 6 Step R across in front of L. Touch L toe to L side. Hold.

[13 - 18] BEHIND. SIDE. CROSS. SIDE. DRAG

1 2 3 Step L behind R. Step R to R side. Step L across in front of R.

4 5 6 Step R to R side. Drag L slowly beside R. (2 counts)

[19 - 24] SIDE. DRAG. QUARTER HOOK. WALTZ FORWARD

1 2 3 Step L to L side. Drag R beside L turning 1/4R to hook R heel In front of L shin (2 counts

6.00)

4 5 6 Step R forward. Step L beside R. Step R beside L.

[25 - 30] WALTZ BACK. BACK. SWEEP. BACK

1 2 3 Step L back. Step R beside L. Step L beside R.

4 5 6 Step R back. Sweep L forward out and behind R (semi-circular motion) Step L back.

[31 - 36] BACK. SWEEP. BACK. WALTZ BACK

1 2 3 Step R back. Sweep L forward out and behind R (semi-circular motion) Step L back.

4 5 6 Step R back. Step L beside R. Step R beside L.

[37 - 42] WALTZ FORWARD. TOUCH. UNWIND QUARTER

1 2 3 Step L forward. Step R beside L. Step L beside R.

4 5 6 Touch R toe behind L. Unwind 1/4R. (weight on R – 2 counts. 9.00)

[43 - 48] WALTZ FORWARD. BACK DRAG

1 2 3 Step L forward. Step R beside L. Step L beside R. *

4 5 6 Step R back. Drag L slowly to R. (2 counts)

REPEAT IN COUNTER CLOCKWISE ROTATION

ENDING * - Wall 10. Dance to count 45.

Step R Back. Turn 1/2 L stepping L forward. Step R forward. Step L beside R. (12.00)

Contact - pauline@pgld.com.au - www.pgldgeelong.com