One & Only



拍数: 32

级数: Beginner

编舞者: Anne Herd (AUS) - September 2012

音乐: Will You Still Love Me Tomorrow - Leslie Grace : (iTunes - 3:11)



SIDE TOGETHER, BACK TOUCH. SIDE TOGETHER, FORWARD TOUCH

墙数: 4

- 1-2-3-4 Step R to side, step L together, Step R back, Touch L beside R.
- 5-6-7-8 Step L to side, Step R together, Step L Forward, Touch R beside L

DIAGONAL STEP, HIP SWAY, TOUCH. DIAGONAL STEP, HIP SWAY, TOUCH.

- 1-2-3-4 Step forward on R at 45 degree angle as you sway hips RLR and touch L beside R
- 5-6-7-8 Step forward on L at 45 degree angle as you sway hips LRL and touch R beside L

ROCK/REPLACE, STEP BACK TOUCH HEEL. STEP BACK TOUCH HEEL. ROCK/REPLACE

- 1-2-3-4 Rock forward on R recover to L. Step back on R touch L heel forward.
- 5-6-7-8 Step back on L and touch R heel forward. Step back on R recover to L

VINE RIGHT TOUCH VINE LEFT ¼ TURN LEFT TOUCH

- 1-2-3-4 Step R to side, step L behind R, step R to side. Touch L beside R
- 5-6-7-8 Step L to side, step R behind L, step L to side with ¼ L touch R beside L (option: Vines can be replaced by rolling vines)

NOTE: Dance starts quite quickly, so you will have to listen closely to the intro.

This is a great song, which at times has a Latin feel to it. Once mastered, it feels good when you put a little rumba movement into the first 16 counts, in particular the hip sways. Enjoy!

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