Cha Cha Forever



拍数: 48 编数: 4 级数: Intermediate - Cha Cha

编舞者: Anna Bax (INA) & Roosamekto Mamek (INA) - November 2012

音乐: Forever - Chris Brown



Intro: 32 count (count after one, two, three, four sound from the song)

SAILOR STEP, STEP BESIDE, STEP IN PLACE

1&2 Cross L behind R – Step R to side – Step L to side

3-4 Step R beside L – Step L in place

5&6 Cross R behind L – Step L to side – Step R to side

7-8 Step L beside R – Step R in place

CROSS OVER, RECOVER, SIDE CHASSE, CROSS OVER, RECOVER, CHASSE 1/4 TURN RIGHT

1-2 Cross L over R – Recover to R

3&4 Step L to side – Step R together – Step L to side

5-6 Cross R over L – Recover to L

7&8 Step R to side – Step L together – Turn ¼ right step R forward

FULL TURN RIGHT, FORWARD LOCK SHUFFLE, SIDE STEP, TOGETHER, SIDE MAMBO

Turn ½ right step L back – Turn ½ right step R forward
Step L forward – Lock R behind L – Step L forward

5-6 Step R to side – Step L together

7&8 Rock R to side – Recover to L – Step R together

UNWIND 34 RIGHT WITH HOOK, FORWARD LOCK SHUFFLE, SIDE STEP, CROSS SHUFFLE

1-2 Cross L over R – Unwind ¾ turn right hook R in front of L
3&4 Step R forward – Lock L behind R – Step R forward

5-6 Step L to side – Recover to R

7&8 Cross L over R – Step R to side – Cross L over R

TURN ½ LEFT WITH HOOK, FORWARD LOCK SHUFFLE, FULL TURN LEFT, FORWARD LOCK SHUFFLE

Turn ¼ left step R back – Turn ¼ left hook L in front of R
Step L forward – Lock R behind L – Step L forward
Turn ½ left step R back – Turn ½ left step L forward
Step R forward – Lock L behind R – Step R forward

STEP FORWARD, RECOVER, BACK LOCK SHUFFLE, STEP BACK, RECOVER, CHASSE 1/4 TURN LEFT

1-2 Step L forward – Recover to R

3&4 Step L back – Lock R in front of L – Step L back

5-6 Step R back – Recover to L

7&8 Turn ¼ left step R to side – step L together – step R to side

REPEAT

Contact: Roosamekto.Nugroho@gmail.com