

Danger Zone

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Neville Fitzgerald (UK) & Julie Harris (UK) - September 2012
音乐: Emergency (feat. Snoop Dogg) - Audio Playground



Starts After 22 Counts (Count 8 8 6)

Step, 1/4 Cross, Rock Step, Cross, Side Rock Step & Side, 1/4.

- 1 Step forward on Left.
- 2&3 Make 1/4 turn to Right cross stepping Right over Left, rock Left to Left side, recover on Right.
- 4 Cross step Left over Right.
- 5-6 Rock Right to Right side, recover on Left.
- 8&7-8 Step Right next to Left, step Left to Left side, make 1/4 turn to Right stepping Right to Right side.

Cross, 1/4, Sailor 1/4 Cross, 1/4, 1/2, 3/4 Triple Cross.

- 1-2 Cross step Left over Right, make 1/4 turn to Left stepping back on Right.
- 3&4 Step Left behind Right, make 1/4 turn to Left stepping Right next to Left, cross step Left over Right.
- 5-6 1/4 turn to Right stepping forward on Right, 1/2 turn to Right stepping back on Left.
- 7&8 Make 1/4 turn to Right stepping Right to Right side, 1/4 turn to Right stepping Left next to Right, 1/4 turn to Right cross stepping Right over Left.

Side, Hold & Cross, Side, Behind, 1/4, Together, 1/4.

- 1-2 Step Left to Left side, Hold
- 8&3-4 Step Right next to Left, cross step Left over Right, step Right to Right side.
- 5-6 Cross step Left behind Right, make 1/4 turn to Right stepping forward Right.
- 7-8 Step Left next to Right, make 1/4 turn to Right stepping forward on Left.

Rock Step & Step, 1/2, 1/4, Rock, Recover, 1/4.

- 1-2 Rock forward on Left, recover on Right.
- 8&3-4 Step Left next to Right, step forward on Right, pivot 1/2 turn to Left.
- 5-6 Make 1/4 turn to Left stepping Right to Right side, cross rock Left behind Right.
- 7-8 Recover on Right, make 1/4 turn to Right stepping back on Left.

Back, Cross Back Cross, 1/2 Rock, Back, Back, Back, Back 1/4 Step.

- 1 Step back on Right.
- 2&3 Lock Left across Right, step back on Right, lock Left across Right.
- 4 Make 1/2 turn to Right rocking forward on Right.
- 5-7 Walk back Left-Right-Left.
- 8&1 Step back on Right, make 1/4 turn to Left stepping forward Left, step forward on Right.

Rock Step, Sailor 1/4 , Cross, Back, Side.

- 2-3 Rock forward on Left, recover on Right.
- 4&5 Cross step Left behind Right, make 1/4 turn to Left stepping Right next to Left, step forward on Left.
- 6-8 Cross step Right over Left, step back on Left, step Right to Right side. R*

Step, 1/4 Cross & Cross, 1/2 Cross, Full Turn Walk.

- 1 Step forward on Left.
- 2&3 Make 1/4 turn to Right cross stepping Right over Left, step Left to Left side, cross step Right over Left.
- 4 Make 1/2 turn to Left cross stepping Left over Right.

5-8 Make Full turn to Right in a circular shape walking R-L-R-L.

Out, Out, & Cross, 1/2, Rock Step, Back, 1/4, Step.

1-2 Step forward & out on Right, step out on Left.

&3-4 Step Right next to Left, cross step Left over Right, make sharp 1/2 turn to Right. (weight on Left)

5-6 Rock forward on Right, recover on Left.

&7-8 Step back on Right, make 1/4 turn to Left stepping forward on Left, step forward Right.

R* Restart.. Wall 2 & Wall 4

Dance Up To & Including Count 48... The Restart From Count 1
