Colours of the Rainbow (Nov 2012)



拍数: 64 墙数: 4 级数: Intermediate

编舞者: Eva Pau (CAN) - November 2012

音乐: The Colors of the Rainbow by Italobrothers



Start dancing after 8 counts

WALK FORWARD X 4, POINT OUT R L R, FLICK

1 – 4 Walk forward R L R L

5 – 8 Point R out, step in place & point L out, step in place & point R out, flick R behind L

1/2 R FORWARD SHUFFLE, 1/2 R BACK SHUFFLE, BACK, POINT, CROSS, POINT

1&2 3&4 Shuffle forward R L R ½ turn R, shuffle back L R L ½ turn R 5 – 8 Step R back, point L to L, cross L over R, point R to R

(Restart here at 5th wall facing 9:00)

CROSS, ¼ R, ¼ R, CROSS, SIDE, TOGETHER, BACK, TOUCH

1 – 4 Cross R over L, step L to L ¼ turn R, step R to R ¼ turn R, cross L over R

5 – 8 Step R to R, step L together, step R back, touch L together

SIDE, TOGETHER, FORWARD, SCUFF, STEP FORWARD 1/4 L, CROSS, HOLD

1 – 4 Step L to L, step R together, step L forward, scuff R forward

5 – 8 Step R forward, pivot ¼ turn L, cross R over L, hold

POINT, TOUCH, POINT, TOUCH, ROLLING VINE FULL TURN L, TOUCH

1 – 4 Point L to L, touch L next to R, point L to L, touch L next to R

5 – 8 Step L to L ¼ turn L, step R back ½ turn L, step L to L ¼ turn L, touch R together

POINT, TOUCH, POINT, TOUCH, ROLLING VINE FULL TURN R, STEP FORWARD

1 – 4 Point R to R, touch R next to L, point R to R, touch R next to L

5 – 8 Step R to R ¼ turn R, step L back ½ turn R, step R to R ¼ turn R, step L forward

FORWARD SHUFFLE X 2, STEP PIVOT ½ L, FORWARD ROCK RECOVER

1&2 3&4 Shuffle forward R L R, shuffle forward L R L

5 – 8 Step R forward, pivot ½ turn L, rock R forward, recover to L

BACK SHUFFLE X 2, BACK ROCK RECOVER, FULL TURN L

1&2 3&4 Shuffle back R L R, shuffle back L R L

5 – 8 Rock R back, recover to L, step R back ½ turn L, step L forward ½ turn L

TAG – ROCKING CHAIR – to be done at the end of 2nd & 6th wall (facing 6:00)

1 – 4 Rock R forward, recover to L, rock R back, recover to L

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