Colours of the Rainbow (Nov 2012)

级数: Intermediate

编舞者: Eva Pau (CAN) - November 2012

音乐: The Colors of the Rainbow by Italobrothers

Start dancing after 8 counts

拍数: 64

WALK FORWARD X 4, POINT OUT R L R, FLICK

- 1 4Walk forward R L R L
- 5 8 Point R out, step in place & point L out, step in place & point R out, flick R behind L

1/2 R FORWARD SHUFFLE, 1/2 R BACK SHUFFLE, BACK, POINT, CROSS, POINT

- 1&2 3&4 Shuffle forward R L R ¹/₂ turn R, shuffle back L R L ¹/₂ turn R
- 5 8Step R back, point L to L, cross L over R, point R to R
- (Restart here at 5th wall facing 9:00)

CROSS, 1/4 R, 1/4 R, CROSS, SIDE, TOGETHER, BACK, TOUCH

- 1 4Cross R over L, step L to L ¼ turn R, step R to R ¼ turn R, cross L over R
- 5 8 Step R to R, step L together, step R back, touch L together

SIDE, TOGETHER, FORWARD, SCUFF, STEP FORWARD ¼ L, CROSS, HOLD

- 1 4 Step L to L, step R together, step L forward, scuff R forward
- 5 8 Step R forward, pivot 1/4 turn L, cross R over L, hold

POINT, TOUCH, POINT, TOUCH, ROLLING VINE FULL TURN L, TOUCH

- Point L to L, touch L next to R, point L to L, touch L next to R 1 – 4
- 5 8Step L to L ¼ turn L, step R back ½ turn L, step L to L ¼ turn L, touch R together

POINT, TOUCH, POINT, TOUCH, ROLLING VINE FULL TURN R, STEP FORWARD

- 1 4 Point R to R, touch R next to L, point R to R, touch R next to L
- 5 8 Step R to R ¼ turn R, step L back ½ turn R, step R to R ¼ turn R, step L forward

FORWARD SHUFFLE X 2, STEP PIVOT 1/2 L, FORWARD ROCK RECOVER

- 1&2 3&4 Shuffle forward R L R, shuffle forward L R L
- 5 8 Step R forward, pivot 1/2 turn L, rock R forward, recover to L

BACK SHUFFLE X 2, BACK ROCK RECOVER, FULL TURN L

- 1&2 3&4 Shuffle back R L R, shuffle back L R L
- 5 8 Rock R back, recover to L, step R back 1/2 turn L, step L forward 1/2 turn L

TAG – ROCKING CHAIR – to be done at the end of 2nd & 6th wall (facing 6:00)

1 - 4Rock R forward, recover to L, rock R back, recover to L

Contact: dancewitheva@gmail.com





墙数:4