

# Catch My Breath

**COPPER** KNOB  
BY STEPHEN B. T. S.

拍数: 32                      墙数: 2                      级数: Lower Intermediate  
编舞者: Mark Furnell (UK) - November 2012  
音乐: Catch My Breath - Kelly Clarkson



Available on iTunes and Amazon. From the 25th Nov 2012.  
But available to download from American iTunes if you have an account.

## [1-8] Stomp, Hold, Ball Step Touch. Turn, Turn, Coaster Step

1,2                      Stomp Rt to Rt. Hold  
&3,4                    Step Lt to Rt, step Rt to Rt, Touch Lt to Rt  
5-6                      Step Lt to Lt making ¼ turn Lt, Step back Rt making ½ turn Lt.  
7&8                      Step back Lt, Close Rt to Lt, Step fwd Lt

## [9-16] Stomp, Hold, Ball Step Tap, And Touch And Kick And Touch And Kick

1-2                      Stomp Fwd Rt, Hold  
&3-4                    Step Lt to Rt, Step Rt Fwd, Tap Lt toe behind Rt  
&5-6                    Step Down on Lt , Touch Rt toe across Lt bending Lt knee, Kick Rt Fwd,  
&7-8                    Step back Rt, touch Lt toe across Rt bending Rt knee, Kick Lt Fwd.

## [17-24] Coaster Step, Shuffle, Rock Step, Shuffle Turn.

1&2                      Step back on Lt, Close Rt to Lt, Step fwd on Lt  
3&4                      Step Fwd Rt, Close Lt to Rt, Step Fwd Rt  
5, 6                      Rock Fwd Lt, Replace Rt,  
7&8                      Step Lt to Lt making ¼ turn Lt, Close Rt to Lt, Step Lt to Lt making ¼ turn Lt.

## [25-32] Rock Turn, Behind Side Cross, Rock Step, Triple Whole Turn

1,2                      Rock Rt to Rt making ¼ turn Lt, Replace Lt,  
3&4                      Step Rt behind Lt, Step Lt to Lt, Step Rt over Lt  
5,6                      Rock Lt to Lt, Replace Rt  
7&8                      Triple whole turn left, Stepping Lt, Rt Lt.

Happy Dancing....

Ps .....No Tags or Restarts ~~~~~