Catch My Breath

拍数: 32

级数: Lower Intermediate

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音乐: Catch My Breath - Kelly Clarkson

Available on iTunes and Amazon. From the 25th Nov 2012. But available to download from American iTunes if you have an account.	
[1-8] Stomp, Hold, Ball Step Touch. Turn, Turn, Coaster Step	
1,2	Stomp Rt to Rt. Hold
&3,4	Step Lt to Rt, step Rt to Rt, Touch Lt to Rt
5-6	Step Lt to Lt making ¼ turn Lt, Step back Rt making ½ turn Lt.
7&8	Step back Lt, Close Rt to Lt, Step fwd Lt
[9-16] Stomp, Hold, Ball Step Tap, And Touch And Kick And Touch And Kick	
1-2	Stomp Fwd Rt, Hold
&3-4	Step Lt to Rt, Step Rt Fwd, Tap Lt toe behind Rt
&5-6	Step Down on Lt, Touch Rt toe across Lt bending Lt knee, Kick Rt Fwd,
&7-8	Step back Rt, touch Lt toe across Rt bending Rt knee, Kick Lt Fwd.
[17-24] Coaster Step, Shuffle, Rock Step, Shuffle Turn.	
1&2	Step back on Lt, Close Rt to Lt, Step fwd on Lt
3&4	Step Fwd Rt, Close Lt to Rt, Step Fwd Rt
5, 6	Rock Fwd Lt, Replace Rt,
7&8	Step Lt to Lt making ¼ turn Lt, Close Rt to Lt, Step Lt to Lt making ¼ turn Lt.
[25-32] Rock Turn, Behind Side Cross, Rock Step, Triple Whole Turn	
1,2	Rock Rt to Rt making ¼ turn Lt, Replace Lt,
3&4	Step Rt behind Lt, Step Lt to Lt, Step Rt over Lt
5,6	Rock Lt to Lt, Replace Rt
7&8	Triple whole turn left, Stepping Lt, Rt Lt.
Happy Dancing	

PsNo Tags or Restarts ~~~~~~~





墙数:2