

Disconnected

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Robbie McGowan Hickie (UK) - November 2012
音乐: Stay Here - Lee DeWyze : (CD: Live It Up)



36 Count intro – Start on Vocals

Syncopated Rumba Box. Right Cross Rock & Side. Left Cross Rock & Side.

- 1&2 Step Right to Right side. Close Left beside Right. Step back on Right.
- 3&4 Step Left to Left side. Close Right beside Left. Step forward on Left.
- 5&6 Cross rock Right over Left. Rock back on Left. Step Right to Right side.
- 7&8 Cross rock Left over Right. Rock back on Right. Step Left to Left side.

Right Cross Shuffle. Left Scissor. Vine Right with Cross. Right Side Rock & Touch.

- 1&2 Cross step Right over Left. Step Left to Left side. Cross step Right over Left.
- 3&4 Step Left to Left side. Close Right beside Left. Cross step Left over Right.
- 5& Step Right to Right side. Cross Left behind Right.
- 6& Step Right to Right side. Cross step Left over Right.
- 7&8 Rock Right out to Right side. Recover weight on Left. Touch Right toe beside Left.

Right Chasse 1/4 Turn Right. Left Mambo Forward. 3 x Runs Back. Left Triple Full Turn Left.

- 1&2 Step Right to Right side. Close Left beside Right. Make 1/4 turn Right stepping forward on Right.
- 3&4 Rock forward on Left. Rock back on Right. Step back on Left.
- 5&6 3 x Runs back on Right. Left. Right.
- 7&8 Left triple step (On the Spot) making Full turn Left stepping Left. Right. Left. (Facing 3 o'clock)

1/4 Turn Left. Together. 1/4 Turn Right. 1/4 Turn Right. Together. 1/4 Turn Left. Step. Pivot 1/2 Turn Left. Step Forward. Left Lock Step Forward.

- 1& Make 1/4 turn Left stepping Right to Right side. Close Left beside Right.
- 2 Make 1/4 turn Right stepping forward on Right. (Facing 3 o'clock)
- 3& Make 1/4 turn Right stepping Left to Left side. Close Right beside Left.
- 4 Make 1/4 turn left stepping forward on Left. (Facing 3 o'clock)
- 5&6 Step forward on Right. Pivot 1/2 turn Left. Step forward on Right. (Facing 9 o'clock)
- 7&8 Step forward on Left. Lock step Right behind Left. Step forward on Left.

Right Cross Rock. Right Side Rock. Behind & Cross. Side Step Left. Touch. Side Step Right. Kick. Behind & Cross.

- 1& Cross rock Right over Left. Rock back on Left.
- 2& Rock Right out to Right side. Recover weight on Left.
- 3&4 Cross Right behind Left. Step Left to Left side. Cross step Right over Left.
- 5& Step Left to Left side. Touch Right toe beside Left.
- 6& Step Right to Right side. Kick Left Diagonally forward Left.
- 7&8 Cross Left behind Right. Step Right to Right side. Cross step Left over Right.

Chasse Right. Hitch 1/4 Turn Left. Chasse Left. Hitch 1/4 Turn Left. Chasse Right. Left Coaster Cross.

- 1&2 Step Right to Right side. Close Left beside Right. Step Right to Right side.
- & Hitch Left knee up making 1/4 turn Left.
- 3&4 Step Left to Left side. Close Right beside Left. Step Left to Left side.
- & Hitch Right knee up making 1/4 turn Left.
- 5&6 Step Right to Right side. Close Left beside Right. Step Right to Right side.

7&8 Step back on Left. Step Right beside Left. Cross step Left over Right. (Facing 3 o'clock)

Start Again

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