Don't Rush....

拍数: 32

级数: Improver - Smooth Cha Cha style

编舞者: Peter Davenport (ES) - November 2012

音乐: Don't Rush (feat. Vince Gill) - Kelly Clarkson : (Album: Don't Rush)



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32 Count intro, Start on the words "let's wake up in the afternoon" approx 23 secs Track length 4.02 (104 bpm)

Start the dance with feet apart weight on R, in order to get the & count in

墙数:4

Bring L to R, Side Close, Chasse R, Rock Replace, Chasse L

- &1,2 Bring L to R, Step R to R side, Bring L to R
- 3&4 Step R to R side, Bring L to R, Step R to R side
- 5,6 Rock L over R, Recover on R
- 7&8 Step L to L side, bring R to L, Step L to L side

Cross ¼ R, Shuffle Forward, Step ½ R, Shuffle ½ Turn R

- 1,2 Cross R over L, Make ¼ R step back on L
- 3&4 Step forward R, Bring L to R, Step forward R
- 5,6 Step forward L, Pivot ½ R (weight on R)*
- 7&8 Make ½ shuffle step back L.R.L *
- Tag, Restart Wall 4

Slide back R.L, Coaster step, Samba Step, Samba Step

- 1,2 Slide back R, Slide back L (keeping feet tight together)
- 3&4 Step R back, bring L to R, Step forward R
- 5&6 Rock L out to L side, Recover on R, Cross L over R (travel forward)
- 7&8 Rock R out to R side, Recover on L, Cross R over L (travel forward) *R

Restart Wall 9

Step Forward, Point Monterey 1/4 Turn R x 2

- 1,2 Step forward on L, Point R out to R side
- 3,4 On ball of L bring R to L make ¼ R, point L out to L side
- 5,6 Bring L to R, Point R out to R side
- 7,8 On ball of L bring R to L make ¼ R, point L out to L side

*Tag: Wall 4, Section 2, Change counts 5 to 8 to Rocking chair, Rock forward L, Back R Back L, Forward R, quickly bring L to R (5.6.7.8&) Restart the dance again from Count 1

*Restart the dance on wall 9, after section 3 (it's a bit tight getting L next to R)

Contact - Email: peterdavenport@hotmail.com - Web: bootscooterslinedancing.co.uk