Let's Stick Together

拍数: 48

级数: Improver

编舞者: Mike Hitchen (UK) - November 2012

音乐: Let's Stick Together - Bryan Ferry : (iTunes)

48 Count Intro

Cross Rock, Chasse ¼ Turn Right, Step ½ Turn, Left Shuffle.

- 1-2 Cross rock right over left, Recover weight to left.
- 3&4 Step right to side, Step left together, Step right 1/4 turn right.
- 5-6 Step forward on left, Pivot ¹/₂ turn right.
- 7&8 Step left forward, Step right together, Step left forward. (9 O,clock)

Full Turn Left RL, ¼ Turn Left, Cross Shuffle, Side Rock.

- 1-2 Turn ¹/₂ turn left stepping right back, Turn ¹/₂ turn left stepping left forward.
- 3-4 Step forward on right, Turn 1/4 turn left.
- 5&6 Cross step right over left, Step left to side, Cross step right over left.
- 7-8 Rock left to side, recover weight to right. (6 o clock)

Sailor ¼ Turn Left, 2x Kick & Touch, Sailor ¼ Turn Right.

- 1&2 Step left behind right 1/4 turn left, Step right to side, Step left to side.
- 3&4 Kick right forward, Touch left to side.
- 5&6 Kick left forward, Touch right to side.
- 7&8 Step right behind left ¹/₄ turn right, Step left to side, Step right to side. (6 o clock)

2x ½ Turns right, Rock Step, ¾ Triple Turn Left.

- 1-2 Step forward on left, Turn 1/2 turn right.
- 3-4 Step forward on left, Turn 1/2 turn right.
- 5-6 Rock left forward, Recover weight to right
- 7&8 1/2 turn left stepping left forward, Step right together, Step left 1/4 turn left (9 o clock)

Walk, Walk, Right Shuffle, Rock Step, Coaster Step.

- 1-2 Walk forward right, Walk forward left.
- 3&4 Step right forward, Step left together, Step right forward.
- 5-6 Rock forward on left, Recover weight to right.
- 7&8 Step left back, Step right together, Step left forward. (9 o clock)

Rock Step, Shuffle 1/2 Turn, Step 1/2 Turn, Left shuffle.

- 1-2 Rock right forward, Recover weight to left.
- 3&4 Step right ¼ turn right, Step left together, Step right ¼ turn right.
- 5-6 Step forward on left, Turn 1/2 turn right.
- 7&8 Step left forward, Step right together, Step left forward.

Restart Dance

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