

# M B Angel (Morecambe Bay Angel)

**COPPER** KNOB  
STEPPERS

拍数: 16      墙数: 4      级数: High Beginner  
编舞者: Ryan King (UK) - November 2012  
音乐: Better Than I Used to Be - Tim McGraw



8 count intro

**Nightclub Basic Forward, Rock Recover Step, Coaster Step, Sweep, Cross Side Behind, Sweep, Behind Side**

- 1 2&      Step forward on right, Rock Forward Left, Recover onto Right.
- 3 4&      Step Back Left, Step Back Right, Step Left next to Right.
- 5 6&      Step Forward Right Sweeping Left Infront, Cross Left over Right, Step Right to Right Side.
- 7 8&      Step Back Left Sweeping Right Behind, Step Right Behind Left, Step Left to Left Side.

**R Cross Rock Recover, L Cross Rock Recover, 1/4 L Walk x 2, Rocking Chair**

- 1 2&      Cross Rock Right over Left, Recover onto Left, Step Right to Right Side.
- 3 4&      Cross Rock Left over Right, Recover onto Right, Step 1/4 Left.
- 5 6      Walk Forward Right, Walk Forward Left.
- 7&8&      Rock Forward Right, Recover Left, Rock Back Right, Recover Left.

Written for the Saloon Drifters weekend in Morecambe.  
Dance named by the people who attended the event.

Also available as a partner dance.

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