

# Slow Hand

拍数: 32      墙数: 2      级数: Phrased Beginner  
编舞者: Darrel Winson (UK) - December 2012  
音乐: Slow Hand - The Pointer Sisters



Sequence: 32-32-Tag1-32-32-8-Tag2-32-32-Tag1-32-32-28-32 till the end  
Intro: 32 counts

## SEC 1: STEP TOGETHER, CHASSE SIDE, CROSS ROCK, RECOVER, CHASSE SIDE

1-2            Step R foot to R side, step L foot beside R foot  
3&4          Step R foot to R side, step L foot beside R foot, step R foot to R side  
5-6          Cross rock L foot over R foot, recover weight on R foot  
7&8          Step L foot to L side, step R foot beside L foot, step L foot to L side (12.00)\*\*\*

## SEC 2: FORWARD ROCK, RECOVER, ¼ TURN R, TOUCH, ROLLING FULL TURN L, CHASSE SIDE

1-2            Rock R foot forward, recover weight on L foot  
3-4          Turn ¼ R stepping R foot to R side, touch L toes beside R foot  
5-6          Turn ¼ L stepping L foot forward, turn ½ L stepping R foot back  
7&8          Turn ¼ L stepping L foot to L side, step R foot beside L foot, step L foot to L side (3.00)

## SEC 3: CROSS ROCK, RECOVER, BALL CROSS, KICK, BACK SIDE, CROSS SHUFFLE

1-2&          Cross rock R foot over L foot, recover weight on L foot, step R foot beside L foot  
3-4          Cross L foot over R foot, kick R foot to R diagonal  
5-6          Cross R foot behind L foot, step L foot to L side  
7&8          Cross R foot over L foot, step L foot to L side, cross R foot over L foot (3.00)

## SEC 4: SIDE ROCK, RECOVER ¼ TURN R, FORWARD SHUFFLE, HIP SWAY

1-2            Rock L foot to L side, recover weight on R foot and turn ¼ to R  
3&4          Step L foot forward, lock R foot behind L foot, step L foot forward \*\*\*  
5-8          Step R foot to R side and sway hips to R side, L side, R side, L side (6.00)

## TAG 1: HIP SWAY

1-4            Sway hips to R side, L side, R side, L side

## TAG 2: JAZZ BOX SIDE SCUFF, JAZZ BOX STEP TOUCH

1-4            Cross R foot over L foot, step L foot back, step R foot to R side, scuff L foot forward  
5-8          Cross L foot over R foot, step R foot back, step L foot to L side, touch R toes beside L foot

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