

Sleeping Child

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Celia Stevens (NZ) - 2011
音乐: Sleeping Child - Michael Learns to Rock : (CD: Colors)



Intro: feet together weight on left, Start on vocals

THIS DANCE IS DONE IN ALL FOUR DIRECTIONS ROTATING ANTI-CLOCKWISE.

[1 – 8] SHUFFLE, MODIFIED V-STEP, COASTER.

1 & 2 Step R forward, Step L together, Step R forward
3, 4 Step L forward at 45 degrees, Step R forward at 45 degrees,
& 5, 6 Step L back, Step R together, Step L forward.
7 & 8 Step R forward, Step L together, Step R back

[9 – 16] ½, ½, COASTER, STEP-LOCK-STEP, STEP-PIVOT-STEP.

1, 2 Turn ½ left step L forward, Turn ½ left step R back (12:00)

NOTE: Easier option for counts 1, 2 Walk back L-R

3 & 4 Step L back, Step R together, Step L forward
5 & 6 Step R forward, Step L behind, Step R forward
7 & 8 Step L forward, Turn ½ right weight right, Step L forward. (6:00)

[17 – 24] CROSS, SIDE, SAILOR, CROSS SIDE SAILOR.

1, 2 Step R over left, Step L side
3 & 4 Step R behind, Step L side, Step R side
5, 6 Step L over right, Step R side,
7 & 8 Step L behind, Step R side, Step L side.

[25 – 32] STEP FWD, POINT, CROSS SAMBA, ¼ JAZZ BOX FWD.

1, 2 Step R forward, Point L side
3 & 4 Step L over right, Step R side, Step L side
5, 6, 7, 8 Step R over left, Step L back, Turn ¼ right step R side, Step L forward (9:00)

[32] REPEAT & ENJOY!

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