

Knee Deep

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Lori Manary (USA) - September 2011
音乐: Knee Deep (feat. Jimmy Buffett) - Zac Brown Band



Start with the lyrics

Pattern: 32, 32, 16, Restart, 32, 32, 32, 4ct Tag-Right rocking chair forward & back, Restart, 32's rest of song

FORWARD STEPS R/L, TRIPLE STEP (R,L,R), FORWARD STEPS L/R, TRIPLE STEP (L,R,L)

1, 2 Step Forward R, (1) Step L Next to R (2)
3&4 Forward Step R (3), Step L next to R (&), Forward Step R (4), R Takes Weight
5, 6 Step Forward L, (5) Step R Next to L (6)
7&8 Forward Step L (7), Step R Next to L (&), Forward Step L (8), L Takes Weight (12:00)

WALK BACK, ½ TURN TRIPLE STEP R (R,L,R), SIDE ROCK L, RECOVER R, SAILOR STEP

9-10 Step Back R(9), Step Back L(10)
11&12 Step Back on R, while Making ¼ Turn to R (11), Step L Next to R (&), Step R, while making ¼ Turn to R (12)
13, 14 Side Rock L (13), Recover on R(14)
15&16 Step L Slightly Behind R (15), R Step Ball of Foot to Right Side (&), Step L to L (16) (6:00)

RESTART happens on the 3rd wall, you do 16 counts (the above steps) and restart the dance from the top

ROCK FORWARD R, RECOVER L, COASTER STEP, ¼ TURN R SIDE ROCK TO L, RECOVER R, SAILOR STEP

17, 18 Rock Forward on R(17) Recover Back on L(18)
19&20 Step R Back(19), Step L Next to R(&), Step L Forward (20)
21, 22 Make a ¼ Turn To R, Side Rock L(21) Recover R(22)
23&24 Step L Slightly Behind R (23), R Step Ball of Foot to Right Side (&), Step L to L (24) (9:00)

SIDE TRIPLE R, CROSS ROCK, RECOVER, SIDE TRIPLE L, CROSS ROCK R, RECOVER

25&26 Side Step R (25), Step L next to R (&), Side Step R (26)
27, 28 Rock L Across R, at a Slight Right Angle (27), Recover Weight on R (28)
29&30 Side Step L (29), Step R Next to L (&), Side Step L (30)
31&32 Rock R Across L, at a Slight Right Angle (31), Recover on L (32) (9:00)

TAG: happens on the 6th wall, (you'll be at 3:00 wall), then RESTART dance from the top

Pattern of Dance:

-Do the entire 32 counts twice. (you will be at 6:00)

-Do the First 16 counts of the dance, (you will be at 12:00), Restart at the top of the dance.

-Do the entire 32 counts three times, do tag at end of third count of 32

Tag: R Rocking Chair forward and back: Rock forward with R, Recover on L, Rock Back on R, Recover on L

-Restart from top of dance until music ends.

Enjoy!

Contact: lmanary@yahoo.com