Amor A La Mexicana Banda



拍数: 96 墙数: 1 级数: Phrased High Improver

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音乐: Amor a la Mexicana (Emilio Mix) - Thalia : (Album: Thalia con Banda Grande

Exitos)



Sequence: A Tag BBB A Tag BB Tag CC HOLD B Ending

Note: The dance will start on vocal, count 1 will be on "quie.." of "quiero" .. use the style of salsa, cumbia and ranchero.

A: 32 COUNTS

A1. SIDE MAMBO STEP TO RIGHT & LEFT

1&2	R foot steps to rigt side, recover to L foot, R foot steps next to L foot
3&4	L foot steps to left side, recover to R foot, L foot steps next to R foot
5&6	R foot steps to rigt side, recover to L foot, R foot steps next to L foot
7&8	L foot steps to left side, recover to R foot, L foot steps next to R foot

A2.FORWARD LOCK STEP - PIVOT 1/2, (2x)

1&2	R foot steps forward, L foot locks behind R foot, R foot steps forward
3&4	L foot steps forward, (turn $\frac{1}{2}$ to Right) R foot steps forward, L foot steps forward

5&6 R foot steps forward, L foot locks behind R foot, R foot steps forward

7&8 L foot steps forward, (turn ½ to Right) R foot steps forward, L foot steps forward

A3.CHARLESTON - ANKLE TWIST FORWARD & BACKWARD

1&2	R foot steps forward (with ronde action), L foot steps on the spot, R foot steps backward (with ronde action)
3&4	L foot steps backward (with ronde action), R foot steps on the spot, L foot steps forward (with ronde action)
5&6	R foot touches forward then do the twist to L-R-L
7&8	R foot touches backward then do the twist to L-R-L

A4.CROSS OVER, STEP LOCK, TRIPLE CHA

1&2	R cross over L, L step backward, R step to R side
3&4	L step forward, R lock behind L, L step forward
5&6	R step next to L, L step next to R, R step to R side
7&8	L step next to R, R step next L, L step to L side

TAG: 6 COUNTS

TOE HEEL CROSS, CHEST BUMPING

1&2	R foot touches next to L foot, R foot touches on heel on R side, R foot crosses over L foot
3&4	L foot touches next to R foot, L foot touches on heel on L side, L foot crosses over R foot
5&6	R foot steps next to L foot then bump forward the chest 3 (three) times

B: 32 COUNTS

B1.OPEN LEG STANDING with BOTH FIST UP on EACH SIDE, HIT CHEST 2 times with RIGHT HAND, DRAG LINE

1234	Open both legs straightly while both fist raised up on both side
5&6	R fist hits Left chest three (3) times (count : 5-6, stabbing)
7 8	R fist draw/drag a straight line from Left chest to R chest

B2.ROLL HIP to LEFT, BODY RIPPLE

1 2	Roll hip to Left
3 4	Roll hip to Left
56	Bend on knees, push knees and lower hip backward Pull chest up
7 8	Pull chest up
B3. DIAGONAL LEFT (LASO H.	. FORWARD LOCK STEP TO RIGHT & LEFT , DIAGONAL BACK SHUFFLE TO RIGHT & AND STYLE)
1&2	R foot steps diagonally forward to Rigt (1.30), L foot locks behind R foot, R foot steps diagonally forward to Right on the same direction (hand styling : make the laso style on Right hand for count 1&2).
3&4	L foot steps diagonally forward to Left (10.30), R foot locks behind L foot, L foot steps diagonally forward to Left on the same direction (hand styling : make the laso style on Right hand for count 3&4).
5&6	R foot steps diagonally back to Rigt (1.30), L foot next to R foot, R foot steps diagonally back to Right on the same direction (hand styling : make the laso style on Right hand for count 5&6).
7&8	L foot steps diagonally back to Left (10.30), R foot next to L foot, L foot steps diagonally back to Left on the same direction (hand styling : make the laso style on Right hand for count 7&8).
B4. CUMBIA, C	COMPACT TWIST
1&2	Step R behind L, recover on L, step R to R side,
3&4	Step L behind R, recover on R, step L to L side
5&6	Hip twisting to R-L-R
7&8	Hip twisting to L-R & back to centre
	S (The beat get faster) D RIGHT, COMPACT TWIST
1 2 3 4	R foot steps to R side, L foot crosses over R foot, R foot steps to R side, L foot touch heel to
F C 7 O	L side
5678	Hip twisting on the spot to L-R-L-R
C2. WEAVE TO	D LEFT, COMPACT TWIST
1234	L foot steps to L side, R foot crosses over L foot, L foot steps to L side, R foot touch heel to R side
5678	Hip twisting on the spot R-L-R-L
C2 1/ TUDN D	ADDLE, CROSS AND CLOSE
1234	R steps to R side, recover to L foot, (turn ¼ to L) R foot steps to R side, recover to L foot
56	(Turn ¼ to L) R foot steps to R side, recover to L foot
78	R foot crosses over L foot, L foot steps next to R foot
C4. HEEL & TO	
1234	R foot's heel touches to forward diagonal to R, R foot touches next to L foot, R foot's heel touches to forward diagonal to R, R foot step next to L foot
5678	L foot's heel touches to forward diagonal to L, L foot toouches next to R foot, L foot's heel touches to forward diagonal to L, L foot step next to R foot
HOLD: 1 count	t
ENDING: 12 co	ounts EP, TURN UPPER BODY
1&2	Compact step on R-L-R
3&4	L foot steps to L side, hold, R foot steps to R side,
5&6	Turn upper body diagonally backward to R (hand style : open your facing forward R hand palm and place it in front of your R eyes, put your L hand on your waist)

HAVE A NICE DANCE