Better Dig Two



编舞者: Lois Klender (USA) - December 2012 音乐: Better Dig Two - The Band Perry: (slow)



Alt. music: Relentless by Jason Aldean (faster)

Start dancing on lyrics

Heel & toe, Shuffle (Right & Left)

1-2 Tap right heel forward, tap right toe behind

3&4 Shuffle forward (right, left, right)

5-6 Tap left heel forward, tap left toe behind

7&8 Shuffle forward (left, right, left)

Rock-Recover, Behind-Side-Cross (Right & Left)

1-2 Rock right to the side, recover left

3&4 Step right behind left, step left to the side, cross right over left

5-6 Rock left to the side, recover right

7&8 Step left behind right, step right to the side, cross left over right

Syncopated Right Grape Vine with 1/4 Turn, Step Pivot 1/4, Cross Shuffle

1-2 Step right to the side, left behind

Right side shuffle with ¼ turn right (right, left, right)

5-6 Step left pivot ¼ turn right

7&8 Cross shuffle (step left across right, step right, step left across right)

Big Step, Tap, Rock-Recover, Tap (Right & Left)

Take a big step to the side with right, tap left
Rock left back, recover right, tap left next to right
Take a big step to the side with left, tap right
Rock right back, recover left, tap right next to left

REPEAT

TAG: Better Dig Two: When the music slows down to a stop on wall 6 (the back), finish counts 13-16 (left rock, recover right, behind-side-cross), then add the following:

1-2 Hold two counts

On the downbeat of the drums:

3-4 Bump right-left 5-6 Bump right-left

Restart

Facebook: Country Line Dancing with Lois

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