

Locked Out of Heaven

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Earleen Wolford (USA) - January 2013
音乐: Locked Out of Heaven - Bruno Mars



Start dance on word 'Never', which is after the 2nd time he sings 'Oh yeah yeah, oh yeah yeah yeah ooh!, which is about 16 secs/counts in.

My dance ends with the song, you'll be facing 12:00...yeaaa

Other music:

Boom Boom Pow by The Black Eyed Peas;

Dude (Looks Like a Lady) by Blake Shelton & Terry McDermott;

Baby Rocks by Phil Vassar;

Off the Hillbilly Hook by Trailer Choir,

All music available on iTunes.

R HEEL TOUCH IN FRONT OF L, STEP R TO CENTER, TOE SPLITS-OUT&CENTER, L HEEL TOUCH IN FRONT OF R, STEP L TO CENTER, ¼ TURN L EZ APPLEJACK MOVE

- 1,2 Touch R heel slightly in front of L, at the same time, slightly lean back on a right diagonal (1), Step right back to Center (2)
- 3,4 Split toes apart so that heels are slightly together and toes are pointing out (3), Bring toes back to Center (4)
- 5,6 Touch L heel slightly in front of R, at the same time, slightly lean back on a left diagonal (3), Step L slightly Back past R (this is in preparation for the ¼ turn easy Applejack move for counts 7&8 below) (6)
- 7&8 EZ simple 3 count Applejack move: As your turning ¼ L, Split toes apart so that heels are slightly together and toes are pointing out (7), Bring toes in (&), Split toes apart as you finish the ¼ turn L ending with weight on you're L (8) (9:00)

R FORWARD 2 TOE TAPS, R SIDE 2 TOE TAPS, CROSS R OVER L, STEP L BACK ¼ R, STEP R ¼ R, STEP L FORWARD

- 9-12 Tap R ball of Toe forward 2 times (9-10), Tap R ball of Toe to R side 2 times (11-12) (L take wt)

(Get funky with the toe taps, have fun with them)

- 13-16 Cross R over L (13), Step L back ¼ Turn R (14), Step R ¼ Turn R (15), Step L forward (16) (L take wt) (3:00)

Note: Counts 14-16 are like back step funky walk arounds & slightly big steps

R SIDE TOE TAP, STEP R OUT W/R SHOULDER BUMPS, L SIDE TOE TAP, STEP L OUT W/L SHOULDER BUMPS, R FORWARD TOE SLIDE/PRESS & BRING HEEL DOWN, L FORWARD TOE SLIDE/PRESS & BRING HEEL DOWN

- 17,18 Tap R ball of Toe small to R (17), Step R out to R (18), at same time you bump/push your shoulders to the R
- 19,20 Tap L ball of Toe small to L (19), Step L out to L (20), at same time you bump/push your shoulders to the L
- 21,22 Using the ball of R toe, Slide and press R toe forward, slightly on a R diagonal (21) Bring R heel down (22)
- 23,24 Using the ball of L toe, Slide and press L toe forward, slightly on a L diagonal (23) Bring L heel down(24) (3:00)

¼ TURN R KNEE ROLL W/HIP SWING, STEP R DOWN, L KNEE ROLL W/HIP SWING, ¼ TURN R W/R KNEE HITCH UP, STEP R DOWN, L KNEE HITCH UP, STEP L DOWN

- 25-28 While turning ¼ R, roll R knee ¼ turn R, at the same swinging R hip out to R (25), Step down on R (6:00) (26), Roll L knee out to the L, at the same time swinging L hip out to L (27), Step down on L (L take wt)

29-32 Pivoting $\frac{1}{4}$ on L, at the same time, Hitch R knee up (9:00) (29), Step down on R (30), Hitch L knee up (31), Step down on L (L takes wt) (9:00)

Begin again!

Enjoy & use your Get Funky Attitude , just have fun with my dance & please feel free to use/try other music, both country & non country work! "GottaDance"! Don't forget to do a cool poise at the end of the dance.

Contact:-

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