I Just Can't Stop



拍数: 32 墙数: 4 级数: Intermediate

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音乐: Closer - Ne-Yo



STEP TO R DIAGONAL / STEP / BACK TRIPLE 1/2 TURN L / 1/8 TURN L OUT-OUT / SWAY-SWAY / SAILOR ...

1,2	turn 1/8 to right (face 1:30) and step forward on right foot, step forward on left foot (1:30),
3&4	turn 1/4 to left and step right foot to side, step left foot together, turn 1/4 to left (face 7:30) and step back on right foot,
&5	turn 1/8 to left (face 6:00) and step left foot slightly to left side, step right foot to right side and sway hips to right,
6,7	sway hips to left, sway hips to right and change weight on to right foot,

STEP TO L DIAG. / STEP / BACK TRIPLE 1/2 TURN R / 1/8 TURN R OUT-OUT / SWAY / COASTER STEP

cross step left behind right foot, step right foot slightly to right side,

STEPTOLDIA	AG. / STEP / BACK TRIPLE 1/2 TURN R / 1/8 TURN R OUT-OUT / SWAY / COASTER STEP
1,2	turn 1/8 to left (face 4:30) and step forward on left foot, step forward on right foot (4:30),
3&4	turn 1/4 to right and step left foot to side, step right foot together, turn 1/4 to right (face 10:30) and step back on left foot,
&5	turn 1/8 to right (face 12:00) and step right foot slightly to right side, step left foot to left side and sway hips to left,
6	sway hips to right and change weight on to right foot,
7&8	step back on to left foot, step together on ball of right, step forward on left foot,
7&8	step back on to left foot, step together on ball of right, step forward on left foot,

TAP-STEP / TAP STEP / SIDE ROCK / WEAVE

1,2	tap right foot diagonally forward, step forward on right foot,
3,4	tap left foot diagonally forward, step forward on left foot,
5,6	rock side on right foot, recover weight on to left foot,
7&8	cross step right foot behind left, step left foot to left side, cross step right foot in front of left

SIDE ROCK / 1/4 L SAILOR STEP / FWD. ROCK-SWEEP 1/2 TURN R / SAILOR ...

OIDE (COOK)	/ 1 E 0/ (LECT C) / 1 V/D: 1 CONT CV EEL
1,2	rock side on left foot, recover weight on to right foot,
3&4	cross step left behind right foot, turn 1/4 to left and step right foot next to left, step left foot forward
5	rock forward on right foot,
6-7	recover weight on to left and turn 1/2 right sweeping right foot back,
8&	cross step right behind left foot, step left foot slightly to left side,

REPEAT

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