

Life's A Dance

COPPER KNOB
STEPPERS

拍数: 32 墙数: 1 级数: Beginner
编舞者: Russell Breslauer (USA) - September 2012
音乐: Life's a Dance - John Michael Montgomery



Start after 16 counts on the lyrics (1 OR 4 wall dance)

GRAPEVINE RIGHT, ROCKING CHAIR

1-2 Step right to right, Step left behind right
3-4 Step right to right, hitch left
5-6 Step left forward, recover on right
7-8 Step left back, recover on right

GRAPEVINE LEFT, ROCKING CHAIR

9-10 Step left to left, Step right behind left
11-12 Step left to left, hitch right
13-14 Step right forward, recover on left
15-16 Step right back, recover on left

WALK FORWARD, ROCKING CHAIR

17-20 Walk forwards stepping right, left, right and hitch left
21-22 Step left forward, recover on right
23-24 Step left back, recover on right

WALK BACK, ROCKING CHAIR (*JAZZ BOX 1/4 R FOR 4-WALL)*

25-28 Walk backwards stepping left, right left and hitch right
29-30 Step right forward, recover on left
31-32 Step right back, recover on left

*Jazz Box option

*29-30□□ Step right cross over left, recover on left

*31-32□□ Turn ¼ right on right, recover on left

REPEAT

* To make this a 4-wall dance, have the last figure (29-32) be a jazz box ¼ turn right. Rock right across left, recover on left, turn ¼ right on right, step left next to right.

**To make the dance fit the music you might want to put in 4 count TAGS (step touch, step, touch) after the second wall and after the seventh wall and a RESTART after 16 counts of wall 4. It is actually a sped up 4 count Tag.

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Last Update - 2nd Jan 2017