

Baby Belle

拍数: 32 墙数: 4 级数: Beginner
编舞者: Gaye Teather (UK) - January 2013
音乐: The Belle Of Liverpool - Derek Ryan : (CD: A Mother's Son - iTunes)



32 count intro - Dance rotates in CCW direction

This very easy little dance was choreographed especially for my beginners who love the music and wanted to share the floor with our more experienced dancers who enjoy Audrey Watson's dance "The Belle Of Liverpool"

Right heel. Hook. Heel. Flick. Step. Lock. Step. Hold

- 1 – 2 Touch Right heel forward. Hook Right in front of Left shin
- 3 – 4 Touch Right heel forward. Flick Right foot back
- 5 – 6 Step forward on Right. Lock Left behind Right
- 7 – 8 Step forward on Right. Hold

Left Heel. Hook. Heel. Flick. Step. Lock. Step. Hold

- 1 – 2 Touch Left heel forward. Hook Left in front of Right shin
- 3 – 4 Touch Left heel forward. Flick Left foot back
- 5 – 6 Step forward on Left. Lock Right behind Left
- 7 – 8 Step forward on Left. Hold

Step forward. Hold. Pivot half turn Left. Hold. Run forward x 3. Hold

- 1 – 2 Step forward on Right. Hold for 1 beat
- 3 – 4 Pivot half turn Left. Hold for 1 beat (Facing 6 o'clock)
- 5 – 6 Run forward Right. Left
- 7 – 8 Run forward Right. Hold for 1 beat

Step forward. Hold. Pivot quarter turn Right. Hold. Left Kick. Together. Touch. Hold

- 1 – 2 Step forward on Left. Hold for 1 beat
- 3 – 4 Pivot quarter turn Right. Hold for 1 beat (Facing 9 o'clock)
- 5 – 6 Kick Left foot forward. Step Left beside Right
- 7 – 8 Touch/Tap Right beside Left. Hold

Start again
