拍数： 64
蟺数： 2
级数：Intermediate
编舞者：Craig Bennett（UK）－January 2013
音乐：Runaway Train－Sam Callahan

## 32 count intro

Section 1：Right Side Rock，Cross Shuffle，Left Rock $1 / 4$ Turn Right，Left Shuffle Forward
1－2 Rock to right side on right．Recover onto left．
3 \＆ $4 \quad$ Cross right over left．Step left to left side．Cross right over left．
5－6 Rock left to left side．Recover onto right making $1 / 4$ turn right．
7 \＆ $8 \quad$ Step forward left．Close right beside left．Step forward left．
Section 2：Walk Forward，Right Kick Ball Change，Rock Forward，Coaster Step
1－2 Step forward right．Step forward left．
3 \＆ $4 \quad$ Kick right forward．Step right beside left．Step onto left in place．
5－6 Rock forward on right．Recover back onto left．
7 \＆ $8 \quad$ Step back on right．Step left beside right．Step forward right．
Section 3：Step 1／2 Pivot Right，Step 1／2 Turn Left， $1 / 4$ Turn Side，Touch，Chasse Right
1－2 Step forward on left．Pivot $1 / 2$ turn right．
3－4 Step forward on left．Make $1 / 2$ turn left，stepping back onto right．
5－6 Make $1 / 4$ turn left stepping left to left side．Touch right beside left．
7 \＆ $8 \quad$ Step right to right side．Close left beside right．Step right to right side．
Section 4：Left Sailor，Right Sailor，Cross， $1 / 4$ Turn Left，Rock Side Left，Recover
1 \＆ $2 \quad$ Cross left behind right．Step right to right side．Step left to place．
$3 \& 4 \quad$ Cross right behind left．Step left to left side．Step right to place．
5－6 Cross left over right．Make $1 / 4$ turn left，stepping back onto right．
7－8 Rock to left side on left．Recover onto right．
Section 5：Cross Left Behind Right，\＆Cross，Side Right，Back Rock， $2 \times 1 / 4$
1－2 Step left behind right．Hold．
\＆3－4 Step right to right side．Cross left over right．Step right to right side．
5－6 Rock back on left．Recover onto right．
7－8 Make 1／4 turn right stepping back on left．Make $1 / 4$ turn right stepping right to right side．
Section 6：Cross Rock，Shuffle $1 / 4$ Turn Left，Shuffle $1 / 2$ turn Left，Shuffle $1 / 2$ Turn Left
1－2 Cross rock left over right．Recover back onto right．
3 \＆ $4 \quad$ Step left $1 / 4$ turn left．Step right beside left．Step forward left．
$5 \& 6 \quad$ Make $1 / 2$ turn left stepping back on right．Step left beside right．Step back right．
$7 \& 8 \quad$ Make $1 / 2$ turn left stepping forward on left．Step right beside left．Step forward left．
Section 7：Jazz Box Cross，Right Side rock， $1 / 4$ turn Left，Walk Forward
1－2 Cross right over left．Step back left．
3－4 Step right to right side．Cross left over right．
5－6 Rock to right side on right．Recover onto left making $1 / 4$ turn left．
7－8 Step forward right．Step forward left．
Section 8：Step $1 / 4$ Turn Left，Cross Shuffle，Left Side Rock，Behind Side Cross
1－2 Step forward right．Pivot $1 / 4$ turn left．
$3 \& 4 \quad$ Cross right over left．Step left to left side．Cross right over left．

5-6 Rock to left side on left. Recover onto right.
7 \& 8
Cross left behind right. Step right to right side. Cross left over right.

