

Ho Hey

拍数: 56 墙数: 4 级数: Phrased Beginner
编舞者: Shirley Selvasingam (MY) - February 2013
音乐: Ho Hey - The Lumineers



(3 + 32) count intro - Sequence : A, A, A, B, A, A, A, B, B, B, Tag, B, A

Note : Clap hands at every 7th beat in Part A

Shout Ho... Hey... Ho... Hey... at every 7th beat in the last 32 counts of the dance (Part A)

Part A - 32 counts

- | | |
|-----|--|
| 1-4 | Step R front, step L, step R to right, step L |
| 5-8 | Step R behind, step L, stomp R next to L, hold |
| | |
| 1-4 | Cross L over R, step R, ¼ turn left and step L, scuff R |
| 5-8 | Step R forward, step L, stomp R next to L, hold |
| | |
| 1-4 | Rocking chair Lforward-R-L-R |
| 5-8 | ¼ turn right and step L, step R, stomp L next to R, hold |
| | |
| 1-4 | Step R to right, cross L behind R, step R with a ¼ turn right, scuff L |
| 5-8 | Step L forward, step R, stomp L next to R, hold |

Part B - 24 counts

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|-----|--|
| 1-4 | Step R to right, step L next to R, step R to right , touch L next to R with ¼ turn right |
| 5-8 | Step L to left, step R next to L, step L to left, touch R next to L |
| | |
| 1-4 | Step R to right, step L next to R, Cross R over L, hold |
| 5-8 | Step L to left, step R next to L, Cross L over R, hold |
| | |
| 1-4 | Bump hips right, hold, bump hips left, hold |
| 5-8 | Bump hips right, left, right, left |

Tag

- | | |
|-----|---|
| 1-4 | Bump hips right, hold, bump hips left, hold |
| 5-8 | Bump hips right, left, right, left |

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