# Good Friends and Good Times



拍数: 64 墙数: 4 级数: Intermediate

编舞者: Donna Manning (USA) - February 2013

音乐: Havin' A Good Time (Dance Mix) - Scott DeCarlo



## 32 count intro start on the lyrics..." poppin tops....." - NO Tags or Restarts

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Sec.	1: Heel.	. Heel.	. Benina.	<b>¼</b> .	<b>'/4</b> .	Heel.	. Heel.	Bening.	<i>'</i> /4.	Step Forwa	ara

1, 2, 3 & 4 L Heel tap x2, L Behind, ¼ turn R with R forward, ¼ turn R stepping L to side (6:00)

5, 6, 7 & 8 R Heel tap x2, R Behind L, ¼ turn L with L forward, step R forward (3:00)

### Sec. 2: Rock, Recover, L Back Coaster, Step 1/2 Turn L, Step Scuff, 1/4 Turn R Hitch

1, 2, 3&4 L Forward Rock, Recover weight to R, Step L back, R next to L, Step L forward

5, 6 Step R forward, ½ Turn L taking weight to L

7 & 8 Step R forward, Scuff L past R, Hitch L as you make ¼ Turn to the R (12:00)

## Sec. 3: Cross, Hold, Ball Cross, Ball Heel, Ball Cross, ¼ Turn R, ¼ Turn R, Step Forward

1, 2 Cross L over R, Hold

&3, &4 Step ball of R to R, Cross L over R, Step R to R side, Touch L Heel to L diagonal (10:00)

&5,6,7,8 Step L back to center, Cross R over L, ¼ Turn R Step back on L(3:00), ¼ Turn R Stepping

forward on R, Step forward on L (6:00)

#### Sec.4: Step, Scuff, Hitch, Step, Scuff Hitch, Back, Back, Coaster Cross

1&2 3&4 Step R forward, Scuff L past R, Hitch L, Step L forward, Scuff R past L, Hitch R

5, 6, 7&8 Walk back R- L, Back on R, Together with L, Step R across L (6:00)

### Sec.5: Toe Switches L to R and Front to Back, Step Touch, Take Weight, Step Touch Take Weight

1&2&3&4 Touch L toe to L side, Close L to center, Touch R toe to R Side, Close R to Center (angle

body to allow hips to open to the R) Touch L toe forward, Close L to center, Touch R toe

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&5, 6 Step R behind L as you touch L forward (sitting back on R foot), push up on R leg to take

weight on L

&7, 8 repeat &5, 6 (6:00)

## Sec.6: ½ Turn R Monterey, Kick and Cross, ¼ Turn R, Together, Knee pops

1, 2, 3&4 Touch R to R side, bring R to center as you ½ turn to R taking weight to R foot (12:00) Kick L

to diagonal, bring L to center, Cross R over L

5,6 &7&8 1/4 Turn R Stepping back on L, Close R next to L, pop knees raising heels, return heels to

floor and repeat taking weight to L on 8 (3:00)

### Sec.7: Step, Together, Swivets, Step, Together, Swivets

1,2 Step R forward, Bring L together to R

&3 On heel of L and ball of R – toes of L go to L, heel of R goes to the R, return to center

&4 On heel of R and ball of L – toe of R go to R, heel of L goes to the L, return to center weight

to R

5,6 Step forward on L, Bring R together to L

&7 repeat &3

&8 repeat &4 weight ends on the R (3:00)

## Sec.8: 1/4 Turn L Heel Grind, L Back Coaster, 1/4 Turn R Heel Grind, R Back Coaster Cross

1, 2 Touch L heel forward, turn ½ turn L keeping weight on R (12:00)

3&4 Step L back, Bring R together with L, Step L forward

5,6 Touch R heel forward, turn ¼ turn R keeping weight on L (3:00)

## **END OF DANCE! HAVE FUN!!**

Please do not alter this step sheet in any way.

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music is located.... https://itunes.apple.com/us/album/havin-good-time-dance-mix/id596022165

Contact: www.dancinfree.com