The Wonder of You

级数: Ultra Beginner

编舞者: Irene Groundwater (CAN) - July 2008

音乐: The Wonder of You - Elvis Presley : (CD: Diverse)

Intro: Dance starts on the vocals Dance Pattern: Intro, (1-32) x 6. (1-8)

Optional End Instead of last 8 counts shown above - Dance ending shown below to face front at end of dance.

Or any music of your choice

[1-8] SWAY, SWAY, SWAY, SWAY

1-2-3-4 Side step Right and sway for 2 counts, Sway Left for 2 counts

5-6-7-8 Sway Right for 2 counts, Sway Left for 2 counts

(Option - Sway Shoulders:- right - 2 counts, left - 2 counts, right - 2 counts, left - 2 counts)

(Option – Holding hands waist high in front of body with palms down)

- [9-16] FWD, FWD, FWD SHUFFLE, FWD, BACK, BACK SHUFFLE
- 1-2 Right forward, Left forward
- 3&4 Right forward, Step Left beside Right, Right forward
- 5-6 Left forward, Right back
- 7&8 Left back, Step Right beside Left, Left back

(Option – Count 3& - Lock L. behind R, - Count 7& - Lock R in front of L)

[17-24] SIDE, HEEL x 3, SIDE, HEEL x 3

1-2-3-4 Side step Right (face body left), Tap Left Heel 3 times

5-6-7-8 Side step Left (face body right), Tap Right Heel 3 times (straighten body on count 8)

(Option - Counts 1 to 4 - Hands in front - waist high - raise up - then outwards - then down)

(Option – Counts 5 to 8 – Hands in front – waist high – raise up – then outwards – then down)

(This action should remind you of the breast stroke in swimming)

[25-32] SIDE, TOG, SIDE TOUCH, SIDE, TOG, ¼ TURN L, TOUCH

1-2-3-4Side step Right, Step Left beside Right, Side step Right, Touch Left Ball beside R instep5-6Side step Left, Step Right beside Left

7-8 Left forward making ¼ turn left on step, Touch Right Ball beside Left instep

(Option - On count 8 - Brush Right Ball forward past Left instep)

(Option – On counts 3&4 – Side step Right, Step Left beside Right, Side step Right)

(Option – On counts 5-6 – Side step Left, Step Right behind Left)

(Option – On counts 7&8 – Left forward making ¼ turn left on step, Step R beside L, Step L beside R)

- (Int. Option On counts 1 to 4 R. turning vine with side shuffle full turn right)
- (Int. Option 0 On counts 5 to 8 L. turning vine with left turning shuffle 1 1/4 turn left)

BEGIN AGAIN

ENDING

[1-8] FWD, HOLD, ½ TURN L, HOLD, SWAY, SWAY

1-2-3-4 Right forward, Hold, Pivot ½ turn onto Left, Hold

5-6-7-8 Sways (2 counts) – Right – Left (with hands overhead swaying for last 4 counts)

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拍数: 32

墙数:4