# I Believe

拍数: 32

级数: Beginner

编舞者: Don Pascual (FR) - July 2011

音乐: I Believe I'm Falling - Micke Muster

Start after 8 counts (on the word "your")

### Section 1: Swivel to the right, clap, swivel to the left, clap

- 1-4 Swivel heels, toes, heels to the R, clap
- 5-8 Swivel heels, toes , heels to the L, clap

#### Section 2: R Kick ball change x2, jump out, jump cross, half turn to the L with two heel bounces

- 1&2 R Kick (R diagonal), step R slightly back, step L in place
- 3&4 R Kick (R diagonal), step R slightly back, step L in place
- 5-6 Jump out, jump cross (ending R foot cross over L foot)
- 7-8 2 heel bounces making a <sup>1</sup>/<sub>2</sub> Turn to the L (ending weight on L)

## Section3: Forward R shuffle, L kick x2, backward L shuffle, R kick x2

- 1&2 Step R forward, step L together, step R forward
- 3-4 L Kick x 2 (L diagonal)
- 5&6 Step L back, step R together, step L back
- 7-8 R Kick x 2 (R diagonal)

#### Section 4: Jazz box with ¼ turn, syncopated jump out, clap, syncopated jump in, clap

- 1-4 Cross R over L, step L behind, <sup>1</sup>/<sub>4</sub> Turn to the R and step R to R side, step L forward
- &5-6 Syncopated forward jump out (Step R forward in R diagonal, step L forward in L diagonal), clap
- &7-8 Syncopated back jump in ( back R step, step L next to R), clap.

# Final: Dance the first 20 counts of wall 8, and after the L kicks, add: step L forward, ¼ Turn to the right, step L cross over R (ending facing 12h00)

Have fun with this dance !!

Contact: countryscal@orange.fr



