Ballroom of Life



编舞者: Andy King - February 2013

音乐: Come on Dance - John Mcnicholl



* NOTE: Dance starts with Vocals

(1-16) Touch Right to right, Touch together, Touch Right to right, Hold: Triple Step RLR, Hold. Touch Left to
Left, Touch together, Touch left to left, Hold: Triple Step LRL Hold.

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1-4	Louch right to right side	. Louch right next to le	ft. Touch right to right. Hold

5-8 Triple step, right, left, right on the spot, Hold

9-12 Touch left to left side, Touch left next to right, Touch left to left side, Hold

13-16 Triple step left, right, left on the spot, Hold

(17-32) Right Rocking Chair. Right Shuffle forward, Hold, Left Rocking Chair, Left Shuffle forward, Hold

17- 20	Rock forward right, Rock back onto left, Rock back onto right, Rock forward onto left

21-24 Step forward right, step left to right, step forward right, Hold.

25-28 Rock forward left, Rock back onto right, Rock back onto left, Rock forward onto right

29-32 Step forward left, step right to left, step forward left, Hold.

(33 –36) 1/2 turn Right Monterey, Right Heel Switch, Left Heel Switch,

33-36 Point right to right side, Make 1/2 turn right stepping right beside Left, Point left to left side,

step left beside right,

37-40 Tap right heel forward, step in place, Tap left heel forward, step in place

(41-48) Right Shuffle forward, Left Heel Switch, Right Heel switch,

41-44 Step forward right, bring left to right, step right forward, Hold,

45-48 Tap left heel forward, step in place, Tap right heel forward, step in place

(49 - 56) 1/2 turn right with X3 Left Paddle steps, Stomp, Touch

49-56 Step forward Left, Turn 1/3 right, recover on right Three times to complete a half turn, Stomp

Left, Touch right next to left

(57 - 64) Vine Right / Hitch left, Vine Left, Touch Right to Left

57-60 Step right to right. Step left behind right. Step right to right, hitch left Step left to left, step right behind left, step left to left, touch right to left

(65 - 68) 1/2 turn right Monterey

Point right to right side, Make ½ turn right stepping right beside left, Point left to left side, step

left beside right

REPEAT Enjoy

20 Count TAG: At the end of Walls 5 and 7

1-8 Right Skate forward, Left Skate forward, Right shuffle forward, Hold,

Step forward with right skate step, Step forward with a left skate step, Step forward right, bring left to right, step right forward, hold

9-16 Rock forward left Hold, Rock back on Right Hold, Left reverse chassis,

Rock forward on left, Hold, Rock back on right, Hold, turn into a reverse $\frac{1}{2}$ turn chassis over left shoulder, Hold

17-20 Right side touch, Left side touch,

Step right, touch left to right. Step left, touch right to left,

RESTART: Dance the First 16 counts at the start of Wall 8 > THEN Restart

FINALE: Wall 10 - Dance the first 16 steps then cross right over left and unwind to face front of hall and spread arms

Please Note:

Every effort has been made to ensure this step sheet is accurate. Should you find any errors, PLEASE let me know via e-mail. Thank you Andy: kingandy1@hotmail.co.uk