

拍数: 32

级数: Easy Intermediate

编舞者: Oli Geir (ICE) & Lisa - February 2013

音乐: It's All Good - Joe Nichols : (Album: It's All Good)

墙数:4



16 counts intro.

Step Back. Back Rock. Right Shuffle Forward. Forward Rock. Left Coaster Step.

- 1 Step back on Left.
- 2-3 Rock back on Right. Rock forward on left.
- 4&5 Right shuffle forward, stepping Right, Left, Right.
- 6-7 Rock forward on Left. Rock back on Right.
- 8&1 Step back on Left. Step Right beside Left. Step forward on Left.

Forward Rock. Chasse ½ Turn Right. Forward Rock. Chasse ½ Turn Left.

- 2-3 Rock forward on Right. Rock back on Left.
- 4&5 Chasse ¹/₂ turn Right, stepping Right, Left, Right.
- 6-7 Rock forward on Left. Rock back on Right.
- 8&1 Chasse ½ turn Left, stepping Left, Right, Left.

Step Pivot ¼ Turn Left. Right Cross Shuffle. Side Rock. Left Cross Shuffle.

- 2-3 Step forward on Right. Pivot ¼ turn Left.
- 4&5 Step Right across Left. Step Left to Left side. Step Right across Left.
- 6-7 Rock Left to Left side. Recover onto Right.
- 8&1 Step Left across Right. Step Right to Right side. Step Left across Right.

Side, Together. Right Shuffle Forward. Side, Together. Left Shuffle Back.

- 2-3 Step Right to Right side. Step Left beside Right.
- 4&5 Step forward on Right. Step Left beside Right. Step forward on Right.
- 6-7 Step Left to Left side. Step Right beside Right.
- 8& Step back on Left. Step Right beside Left.

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