Hey-ey Momma

拍数: 16

级数: High Beginner

编舞者: Felicia Harris Jones (USA) - February 2013

音乐: Wagon Wheel - Darius Rucker

SECTION 1: Side Rock, Back Rock, Shuffle forward

- 1&2& Right side rock, recover to left. Right back rock, recover to left.
- 3&4 Right shuffle forward (right, left, right)

Forward Rock, Side Rock, Shuffle back

- Left forward rock, recover to right. Left side rock, recover to right. 5&6&
- 7&8 Left shuffle back (left, right, left)

SECTION 2: Side Rock, ¼ turn, Step , Paddle ½ turn

1&2 Right side rock recover to left, 1/4 turn to left stepping right foot forward (9:00) Weight on right 3&4& Left foot paddle steps turning half turn to the right (3:00)

Side Rock, ¼ turn, Step, Paddle ¾ turn

- 5&6 Left side rock, recover to right, ¼ turn to right stepping left foot forward (6:00) Weight on
- 7&8& Right foot paddle steps turning ³/₄ turn back to the left (9:00)

Start Over! - (No Tags... No Restarts)

Notes:

- a) Although the counts are all syncopated- it is not a fast dance.
- b) In section 2 the "step" count on 2 & 6 are key steps to transition next step.

c) In section 2 count 5 feels like another paddle step.

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墙数:4