The Reason To Be Brave



拍数: 64 墙数: 2 级数: Intermediate 编舞者: Hazel Pace (UK) - February 2013 音乐: Brave - Josh Groban: (Single - iTunes) Intro: 32 Counts, on vocals. [1 - 8] Step Hold, & Recover Cross, Step 1/4 Left, Side, Diagonal Shuffle Slightly to Left. 1 - 2Step forward on right, HOLD. &3-4 Rock weight onto left to left side, recover on right, cross left over right. 5 - 6Making 1/4 turn left step back on right, step left to left side. (9.00). 7 & 8 Step right to left diagonal, left beside right, right to left diagonal. (Only slight diagonal). [9 - 16] Step 1/2 Pivot Right, Left Shuffle, Rock 1/2 Pivot Left, Rock 1/4 Pivot Left. 1 - 2Step forward on left, 1/2 pivot turn right. (3.00). 3 & 4 Step forward on left, right beside left, forward on left. 5 - 6Rock forward on right, make 1/2 pivot left as you recover weight on left. (9.00) 7 - 8Rock forward on right, make 1/4 pivot left as you recover weight on left. (6.00). [17 – 24] Cross Hold, Side Behind Side, X 2. (Small steps). 1 - 2Cross right over left, HOLD. &3-4 Small step left to left side, right behind left, small step left to left side. 5 - 6Cross right over left, HOLD. &7-8 Small step left to left side, right behind left, small step left to left side. [25 – 32] Cross Rock Recover Stride Drag, & Cross Side, Rock Recover. Cross rock right over left, recover on left. 1 - 23 - 4Stride right to right side, drag left towards right. &5-6 Quickly step left behind right, cross right over left, step left to left side. 7 - 8Rock right behind left, recover on left. [33 – 40] Step 1/4 Right, 1/2 Right, Back, Cross, Rock Recover, Crossing Shuffle. 1 - 2Step right 1/4 turn right, 1/2 turn right stepping back on left. (3.00). 3 - 4Back on right, cross left over right, 5 - 6Rock right to right side, recover on left. 7 & 8 Cross right over left, left to left side, cross right over left. [41 – 48] Side Rock Recover, Behind Side Cross, Side Rock Recover, Cross Unwind 3/4 Turn Left. 1 - 2Rock left to left side, recover on right. 3 & 4 Left behind right, right to right side, cross left over right. 5 - 6Rock right to right side, recover on left. 7 - 8cross right over left, unwind 3/4 turn left (Leaning back on right as you turn). (6.00). [49 – 56] Rock Back Recover, Left Shuffle, Cross Side Behind 1/4 Turn Left. (Start of figure of 8). 1 - 2Rock back on left, recover on right. 3 & 4 Forward on left, right beside left, forward on left. 5 - 6Cross right over left, left to left side. 7 - 8Step right behind left, 1/4 turn left stepping forward on left. (3.00).

[57 - 64] Step 1/2 Pivot Left, 1/4 Left, Behind, Side Rock Recover, Back Rock Recover.

Make 1/4 turn left stepping right to right side, left behind right. (6.00).

Step forward on right, 1/2 pivot turn left. (9.00).

1 - 2

3 - 4

- 5 6 Rock right to right side, recover on left.
- 7 8 Rock back on right, recover on left.

Restart: 3rd Sequence – Dance counts 1 – 16, Start again at the back.

TAG: 4 Count Tag. - End of 6th Sequence at front

1 – Step forward on right.

2 – 1/2 Pivot left.

X 2. (Or Right Rocking Chair).

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