Irish Polka



拍数: 36 墙数: 2 级数: Easy Intermediate

编舞者: Derek Robinson (UK) - March 2013

音乐: Back To Tourmakeady - Nathan Carter: (CD: Wagon Wheel)



*Note: There are two extra counts added to sections 2 and 4 to bridge gaps in the slightly unusual structure of the music.

18 Count Intro, start on lyrics.

Sec. 1: RIGHT SHUFFLE, HITCH ¼ TURN, LEFT SHUFFLE, HITCH, ROCKING CHAIR, PIVOT ¼ TURN, STEP.

1&2& Step forward right, step left beside right, step forward right, hitch left making ¼ right. (3.00).

3&4& Step forward left, step right beside left, step forward left, hitch right.

5&6& Rock forward on right, recover onto left, rock back on right, recover onto left.

7&8 Step forward right, pivot ¼ turn left, step forward right. (12.00)

Sec. 2: SIDE, BACK ROCK x 2, FORWARD ROCK, SIDE ROCK, BACK ROCK, STEP, PIVOT 1/4 TURN.

1-2& Step left to left side, cross rock right behind left, recover onto left.

3-4& Step right to right side, cross rock left behind right, recover onto right.

5&6& Rock forward on left, recover onto right, rock to left side on left, recover onto right.

7&8 Rock back on left, recover onto right, step forward on left.

9-10 Step forward right, pivot ¼ turn left. (9.00)

Sec. 3: BEHIND, SIDE, ACROSS, HITCH x 2, BACK, HITCH x 2, COASTER STEP.

1&2& Cross right behind left, step left to left side, cross right over left, hitch left.
3&4& Cross left behind right, step right to right side, cross left over right, hitch right.

5&6& Step back right, hitch left, step back left, hitch right.7&8 Step back right, step left beside right, step forward right.

Sec. 4: FORWARD, CLAP x 4, PIVOT 1/4, STEP, PIVOT 1/2, STEP, SIDE ROCK, TOGETHER.

1&2& Step forward left, clap, step forward right, clap.3&4& Step forward left, clap, step forward right, clap.

5&6 Step forward left, pivot ¼ turn, step forward left. (12.00)
7&8 Step forward right, pivot ½ turn, step forward right. (6.00)

9&10 Rock to left side on left, recover onto right, step left beside right.

Tag here at the end of wall 4 facing (12.00).

There is one 10 count tag at the end of wall 4.

Tag: SHUFFLE 1/4 TURN, HITCH x 4, BACK ROCK.

Shuffle ¼ turn right, stepping - R L R, hitch left. (3.00)
Shuffle ¼ turn right, stepping - L R L, hitch right. (6.00)
Shuffle ¼ turn right, stepping - R L R, hitch left. (9.00)
Shuffle ¼ turn right, stepping - L R L, hitch right. (12.00)

9-10 Rock back on right, recover onto left.

Music available from ITunes or Nathan Carter web site: http://www.nathancartermusic.com/

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