Let's Go Crazy!



编舞者: Tim Gauci (AUS) - January 2013

音乐: Live While We're Young - One Direction: (Single - iTunes - 3:19)



Start 16 beats in on vocals, one Tag, two Tag/Restarts

[1-8] SIDE, ROCK, BEHIND, SIDE, CROSS, SIDE, ROCK, BEHIND, SIDE, CROSS 12.00

1 2 3&4 Step R to R side, rock weight onto L, step R behind L, step L slightly to L side (&), step R

over L

5 6 7&8 Step L to L side, rock weight onto R, step L behind R, step R slightly to R side (&), step L

over R

[9-16] FWD, ROCK, 1/2 TURN SHUFFLE, STEP, PIVOT, SHUFFLE FWD 12.00

1 2 3&4 Step R fwd, rock weight back onto L, making ½ turn R stepping RLR

5 6 7&8 Step L fwd, pivot ½ R, shuffle fwd LRL

[17-24] R DOROTHY, L DOROTHY, FWD, ROCK, 3/4 TURN SHUFFLE 9.00

1 2&3 4& Step R fwd on R45, lock L behind R, step R slightly fwd at R 45 (&), step L fwd on L45, lock

R behind L, step L slightly fwd at L 45 (&)

5 6 7&8 Step R fwd, rock weight back onto L, making ¾ turn R stepping RLR

[25-32] SIDE, KICK, BEHIND, SIDE, CROSS, SIDE, KICK, BEHIND, SIDE, CROSS 9.00

Step L to L, kick R to R45, step R behind, step L slightly to L (&), cross R over L 5 6 7 & Step L to L, kick R to R45, step R behind, step L slightly to L (&), cross R over L

[33-40] SIDE, ROCK, CROSS SHUFFLE, 1/4, 1/2, SHUFFLE FWD 12.00

1 2 3&4 Step L to L, rock weight onto R, cross shuffle L over R (LRL)

5 6 7&8 Making ¼ turn L step R back, making ½ turn L step L fwd, shuffle fwd RLR

[41-48] FWD, PADDLE, CROSS SHUFFLE, 1/4, 1/2, SHUFFLE FWD 6.00

1 2 3&4 Step L fwd, paddle ¼ R, cross shuffle L over R (LRL)

5 6 7 8 Making 1/4 turn L step R back, making 1/2 turn L step L fwd**, shuffle fwd RLR

[49-56] FWD, ROCK, BACK, LOCK, BACK, BACK, BACK, BACK, ROCK 6.00

Step L fwd, rock weight onto R***, step L back L45, step R across L (&), step L back L45 Step R back R45, step L across R (&), step R back R45, step L back, rock weight onto R

[57-64] FULL TURN, SHUFFLE, STEP, PIVOT, STEP, PIVOT 6.00

1 2 3&4 Making a full turn R step LR (or walk fwd LR), shuffle fwd LRL

5 6 7 8 Step R fwd, pivot ½ turn L, step R fwd, pivot ½ turn L (or rocking chair)

[64 Beats] Repeat dance in new direction

Tag 1 – add the following 8 beats at the end of wall 2 facing front, restart dance to front

1 2&3 4& Step R to R, rock weight on L, step R tog (&), step L to L, rock weight on R, step L tog (&)

5 6 7 8 Cross R over L, step L back, step R to R, cross L over R

Tag 2 – on wall 3, dance up to beat 46** replace fwd shuffle with walks RL, Restart dance to back

Tag 3 – on wall 5, dance up to beat 50^{***} add two beats, touch L toe back, unwind ½ L (weight on L), and restart dance facing front

