Out of Control



编舞者: Sebastiaan Holtland (NL) - March 2013

音乐: Perfect Night (To Say Goodbye) - Olly Murs: (Album: Right Place Right Time

2012 - Deluxe Edition - iTunes)



16 count intro, start dancing at (07 sec).

Sec 1: [1-8] Step, Side, Sailor 1/4 L, Step, Side, Sailor 1/4 R.

1-2 Step Rt forward, step Lt to the left.

3&4 Step Rt behind Lt, turn ¼ left (9) step Lt slightly forward, step Rt slightly forward.

5-6 Step Lt forward, step Rt to the right.

7&8 Step Lt behind Rt, turn ¼ right (12) step Rt slightly forward, step Lt slightly forward.

Restart here WALL 5 after 8 count (12 o'clock) after start again (12 o'clock).

Sec 2: [9-16] Pivot ½ L, ½ L, Back, ½ L, Step, ½ L, Back, ½ L, Step, Pivot ½ L.

1-2 Step Rt forward, turn ½ left (6) take weight onto Lt.

3-4 Turn ½ left (12) step Rt back, turn ½ left (6) step Rt forward.
5-6 Turn ½ left (12) step Rt back, turn ½ left (6) step Rt forward.

7-8 Step Rt forward, turn ½ left (12) take weight onto Lt.

(Easy Optional: On counts 11 t/m 14 walks Fwd R-L-R-L).

Sec 3: [17-24] Big Step, Point, Big Step, Point, R Heel Grind ¼ R, Back, Hook.

1-2 Step Rt big forward, point Lt out to the left.3-4 Step Lt big forward, point Rt out to the right.

5-6 Heel grind with Rt (toes from left to right) turn ½ right (3), step Lt slightly back.

7-8 Step Rt back, hook Lt up across Rt.

Sec 4: [25-32] Step, Side, Sailor Step, Touch Fwd, Back, Touch Back, Step.

1-2 Step Lt forward, step Rt to the right.

3&4 Step Lt behind Rt, step Rt to the right, step Lt slightly forward.

5-6 Touch Rt forward, step Rt back.

7-8 Touch Lt back, step Lt slightly forward.

Repeat the steps 29 t/m 32 here on WALL 8 (6 o'clock) after start again (6 o' clock).

Start again and have fun!

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