Take It Easy

级数: Beginner

编舞者: Theresa Chang (TW) - March 2013

音乐: Weed Instead of Roses - Ashley Monroe

墙数:4

Intro: 16 Counts / 7 Secs (Start on Main Vocals).

Tag: 4 Counts on wall 11(6.00)

1-2-3-4 Triple Rf, Lf, Rf, Recover Lf

[1-8] Grape Vine, Jazzbox

1-2-3-4Rf to R, Lf behind Rf, Rf to R, Lf tourch Rf5-6-7-8Rf over Lf, Lf behind RF, Rf close to Lf, Recover Lf

[9-16] Touch, turn 1/4

1-2	take a big side step to R with Rf , Lf toe touch to Rf
3-4&	take a big side step to L with Lf , Rf toe touch to Lf, make a 1/4 turn to L
5-6	take a big side step to R with Rf , Lf toe touch to Rf
7-8	take a big side step to L with Lf , Rf toe touch to Lf,

[17-24] Scissors,

1-2-3-4	Rf to R, Lf beside Rf, Cross Rf over Lf, hold
5-6-7-8	Lf to L, Rf beside Lf, Cross Lf over Rf, hold

[25-32] Mambo,

1-2-3-4	Rock Rf forward, recover on Lf. Rf close to Lf, hold
5-6-7-8	Rock Rf forward, recover on Lf. Rf close to Lf, hold

Repeat

* Tag: To keep the dance in phrase there is a Tag on Wall 11(6.00).

* Restart on Wall 11 (6.00) after Tag.

Enjoy the dance!

Contact: twtptheresa@hotmail.com - Website: http://linetw.com/twld/





拍数: 32