Cha Lay Low

拍数: 32

级数: Improver



音乐: Lay Low - Blake Shelton

16 count intro, starts on the word "bottle"

[01-08] R ROCK BACK-RECOVER L, R SHUFFLE FWD, L ROCK FWD-RECOVER L, L SHUFFLE ½ TURN

- 1-2 rock back Right, recover on Left
- 3&4 step forward Right, step Left together, step forward Right
- 5-6 rock forward Left, recover on Right
- 7&8 ¹/₂ turn Left by stepping forward on Left, step Right together, step forward Left (6)

[09-16] R FWD-¼ PIVOT, R CROSS SHUFFLE, L SIDE POINT-L HOOK ¼ TURN L, L SHUFFLE FWD

- 1-2 step forward Right, ¼ pivot turn Left (3)
- 3&4 cross Right over Left, step Left to Left side, cross Right over Left
- 5-6 point Left to Left side, hook on Left making ¹/₄ turn Left (12)
- 7&8 step forward Left, step Right together, step forward Left
- **RESTART: 5th wall**

[17-24] R CROSS-L BACK, R SIDE ROCK-L RECOVER ¼ TURN L, R FWD-½ PIVOT, FULL TURN L

- 1-2 cross Right over Left, step back Left
- 3-4 side rock on Right, recover on Left making ¼ turn Left (9)
- 5-6 step forward Right, ½ pivot turn Left (3)
- 7-8 ¹/₂ turn Left by stepping back on Right, ¹/₂ turn Left by stepping forward on Left

Non Turner: walk forward Right-Left

[25-32] R SHUFFLE FWD, L FWD-1/2 PIVOT, L SHUFFLE FWD, R ROCK FWD-RECOVER L

- 1&2 step forward Right, step Left together, step forward Right
- 3-4 step forward Left, step ½ pivot turn Right (9)
- 5&6 step forward Left, step Right together, step forward Left
- 7-8 rock forward Right, recover on Left (9)

RESTART: 5th Wall - DANCE UP TO COUNT 16 AND RESTART FROM FRONT WALL





墙数:4