

Slow Motion

拍数: 32 墙数: 4 级数: Beginner
编舞者: Donna Manning (USA) - March 2013
音乐: Slow Motion - Edens Edge



NO Tags or Restarts

Sec. 1: Step Together, Step Touch – repeat

- 1, 2, 3, 4 Step L forward to L diagonal, step together with R taking weight, Step L forward to L diagonal, touch R next to L
5, 6, 7, 8 Step R forward to R diagonal, step together with L taking weight, Step R forward to R diagonal, touch L next to R

Sec.2 : Step Touches beginning on L (going backwards)

- 1, 2 Step L back to L diagonal, touch R next to L
3, 4 Step R back to R diagonal, touch L next to R
5-8 Repeat 1-4

Sec. 3: Side Rock, Recover, Cross, Pause, Side, Cross, Side, Touch

- 1, 2 Rock L to L side and recover weight to R
3, 4 Cross L over R, pause
5, 6, 7, 8 Step R to R side, Cross L over R(change weight), R to R side, Touch L next to R

Sec. 4: Side, Behind, ¼ Turn L, Pause, Rock, Recover, Step Back, Touch

- 1, 2 Step L to L side, Step R behind L (taking weight)
3, 4 Turning ¼ L Step forward with L, pause
5, 6 R forward rock, recover weight to L
7, 8 Step R back, touch L next to R.

HAVE FUN!

Please do not alter this step sheet in any way.

If you would like to use on your website please make sure it is in its original format and include all contact details on this script.

Video rights assigned to choreographer. dancindonna928@yahoo.com

All rights reserved. - Contact: www.dancinfree.com