Zalika Dance

拍数: 48

级数: Phrased Improver

编舞者: Patrizia Porcu (IT) - March 2013

音乐: Cover Medley Of "Zalika Dance" (Porcu) and "BALKAN" (Ferdenzi) Ethnic Style (4:29) DIGITAL STORE NETWORK production

START AFTER 32 COUNT - SEQUENCE: ABB/ABB/ABB/ABB/ABB/ABB/ABB/A

SIDE A 32 Count 2 Wall

(1-8) WALK AROUND IN A FULL R TURN, R JAZZ BOX

- 1-2-3-4 Step R-L-R-L making a R full turn on place, 12:00
- 5-6-7-8 Step R side, cross L over R, step R back, step L side 12:00

(9-16) LOCK FW R-L, DOUBLE R ROCKING CHAIR

- 1 & 2 Step R forward, lock L to R, step R forward 12:00
- 3 & 4 Step L forward, lock R to L, step L forward 12:00
- 5&6&7 Step ball R forward, recover L, step ball R back, recover L, step ball R forward, WOL
- & 8 & recover L, step ball R back, recover L

(17-24) REPEAT (9-16)

(25-32) WALK AROUND IN A 1/2 R TURN, SIDE MAMBO STEP R-L

- 1-2-3-4 Step R-L-R-L making a R half turn on place 6:00
- 5 & 6 Step R side, recover L, close R beside L 6:00
- 7 & 8 Step L side, recover R, close L beside R

SIDE B 16 Count 1 Wall

(1-8) POINT R CROSS-SIDE-CROSS, STEP R SIDE, POINT L, RECOVER ON L, POINT R, RECOVER ON R PIZZICA STYLE

1-2-3-4 Point R cross over L, point R side, point R cross over L, step R side WOL

5 - 6 Weight totally on R and point L side, recover on L Up arms and shout

or clap hands at 5 and 7

7 - 8 Weight totally on L and point R, recover on R

(9-16) POINT L CROSS-SIDE-CROSS, STEP L SIDE, POINT R, RECOVER ON R, POINT L, RECOVER ON L SAME STEPS WITH OPPOSITE FOOT

1-2-3-4 Point L cross over R, point L side, point L cross over R, step L side WOR

5 - 6 Weight totally on L and point R side, recover on R Up arms and shout

or clap hands at 5 and 7

7 - 8 Weight totally on R and point L, recover on L

NOTE : This is an ethnic dance that mix an italian "pizzica" with balkanic sounds. It can be danced all together as line dance or on two rows, one in front of other with change of position, as you can see in the video. Choose if you like better shout or clap hands

ENJOY.....CIAO

CONTACT: Patrizia Porcu (Rome, Italy)- Home: +39 069807773 - E-Mail: patnurse2@yahoo.it Youtube channel: http://www.youtube.com/user/patnurse2 Web site http://www.digitalstorenetwork.com/patrizia_porcu.html Music site http://patriziaporcu.believeband.com/

MUSIC AND DANCE ARE UNDER SIAE COPYRIGHT, so you can use music and dance but ONLY FOR NON-COMMERCIAL USE and replace both in the way SA (Share Alike).





墙参

墙数:2