I Can Take It From There



编舞者: Shirley Blankenship (USA) - April 2013 音乐: I Can Take It from There - Chris Young



Start Dancing On Lyrics

Step Forward Right Ad Left Brush Steps

1-2	Step	Forward	On	Right.	Brush	Left

3-4 Step Left, Brush Right5-6 Step Right, Brush Left7-8 Step Left, Sweep Right

Rock Steps, Shuffle Steps

1-2	Rock Forward On Right, Recover On Left
1-2	1 TOOK I DIWAID OH MUHL NECOVEL OH LEIL

3&4 Shuffle Back, Right, Left, Right

5-6 Rock Back On Left, Recover On Right7&8 Shuffle Forward, Left, Right, Left

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Forward 1/8 Turns Twice, Jazz Box

1-2	Step Forward On Right, Turn 1/8 Left(Weight On Left)
3-4	Step Forward On Right, Turn 1/8 Left(Weight On Left)

5-6 Cross Right Over Left, Step Back On Left7-8 Step Right Together, Cross Left Over Right

Side, Together, Side, Rock, Recover, (Right&Left)

1&2	Side Shuffle Right, Right, Left, Right
3-4	Rock Back On Left, Recover On Right
5&6	Side Shuffle Left, Left, Right, Left

7-8 Rock Back On Right, Recover On Left

Repeat

Have Fun, Enjoy

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