The Last Straw

拍数: 32

级数: Beginner

编舞者: Don Pascual (FR) - April 2013

音乐: There's no I in team (Don Derby)

Start after 16 counts: after the first up beat ,on the word «Boss»

Section 1: R stomp up, R toe fan, hold, R slow coaster step, hold

Stomp up R beside L (Weight on L), swivel R toe to the R, swivel R toe to center, hold 1-4

5-8 R back step (on ball of the foot), L beside R (on ball of L foot), step R forward, hold

Style: Just «say No» with your head while swiveling R toe

Section 2: L stomp up, L toe fan, hold, L slow coaster step, hold

1-4 Stomp up L beside R (Weight on R), swivel L toe to the L, swivel L toe to center, hold 5-8 L back step (on ball of the foot), R beside L (on ball of R foot), step L forward, hold Style: Just «say No» with your head while swiveling L toe

Section 3: Tap R ball beside L, 1/8 T to the R and tap R ball to the R, 1/8 T to the R and stomp R forward, hold, run L, R, L forward, hold

- 1-2 Tap R ball beside L, 1/8 T to the R and tap R ball to the R,
- 3-4 1/8 T to the R and stomp R forward, hold,
- 5-8 Runs forward L, R, L, hold

Nota: On counts 1 and 2, weight on L, on count 3 weight on R

Section 4: Step R to the R, tap L behind R, step L to the L, tap R behind L, step R forward, L kick, L back step, point R behind

1-4 Step R to the R, tap L toe behind R, step L to the L, tap R toe behind L

5-8 Step R forward, L kick forward, L back step, point R behind

Style:

Count 2, turn your head right and «take your leave of your boss» (L hand behind the back, R index finger pointing at your hat)

Count 4, turn your head left and «take your leave of your boss» (R hand behind the back, L index finger pointing at your hat)

Count 6, kick a door open

Tag: End of wall 3, facing 9h00, Repeat the last 4 counts of the dance: step R forward, L kick, L back step, point R behind: 1-4

Final: Wall 14, facing 3h00, dance the first 2 sections then add the following steps so as to end facing 12h00: Step R forward, 1/4 T to the L, R cross over L

Have fun with this dance!!

Contact: countryscal@orange.fr





墙数:4