Beat This Summer

拍数: 64

级数: Improver

编舞者: Annette Haslund (DK) - April 2013

音乐: Beat This Summer - Brad Paisley : (Album: Wheelhouse)

Intro (64 count)

RIGHT VINE CROSS, SCISSOR STEP, HOLD

- 1 4 Step R to side, cross L behind R, step R to side, cross L over R
- 5 8 Step R to side, step L together, cross R over L, hold

LEFT VINE CROSS, SCISSOR STEP, HOLD

- 1 4 Step L to side, cross R behind L, step L to side, cross R over L
- 5 8 Step L to side, step R together, cross L over R, hold

RIGHT RUMBA BOX, HOLD, LEFT RUMBA BOX, KICK

- 1 4 Step R to right side, Step L together, step forward on R, hold
- 5 8 Step L to left side, Step R together, step back on L, kick R forward

BACK ROCK, RIGHT ROCKING CHAIR, STEP, ½TURN

- 1 4 Rock R back, recover onto L, rock R forward, recover onto L
- 5 8 Rock R back, recover onto L, step forward on R, make ¹/₂ turn L (weight on L)

Restart here 3 wall

RIGHT STEP, LOCK, STEP, SCUFF, LEFT STEP, LOCK, STEP, SCUFF/SWEEP

- 1 4 Step R forward, lock L behind R, step R forward, scuff L forward
- 5 8 Step L forward, lock R behind L, step L forward, scuff R (forward and out to R)

SIDE, TOUCH, POINT, TOUCH, LEFT VINE 1/4 TURN, SCUFF

- 1 4 Step R to side, touch L next to R, point L out to L, touch L next to R
- 5 8 Step L to side, cross R behind L, turn ¼ L step forward on L, scuff R

RIGHT ROCKING CHAIR, STEP, ½ TURN, STEP, HOLD

- 1 4 Rock R forward, recover onto L, rock R back, recover onto L
- 5 8 Step R forward, ½ turn L, step R forward, hold

LEFT ROCKING CHAIR, STEP, ½ TURN, STEP, HOLD

- 1 4 Rock L forward, recover onto R, rock L back, recover onto R
- 5 8 Step L forward, ¹/₂ turn R, step L forward, hold

Repeat

RESTART: On wall 3 after the first 32 count – Restart the dance at 12 o'clock.

Contact: ahfpost-dance@yahoo.dk





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