Just A Man

拍数: 48

级数: Improver

编舞者: Willie Brown (SCO) - March 2013

音乐: I'm Just a Man - Jason Aldean

Intro; 32 counts - 19 secs approx

Section 1: Weave ¼, pivot ½, shuffle forward

- Cross Right over Left, step Left to Left side, cross Right behind Left, turn ¼ Left and step 1,2,3,4 forward on Left
- 5,6,7&8 Step forward on Right, pivot 1/2 Left taking weight on Left, shuffle forward Right, Left, Right

Section 2: Weave ¼, pivot ½, shuffle forward

- Cross Left over Right, step Right to Right side, cross Left behind Right, turn 1/4 Right and step 1,2,3,4 forward on Right
- Step forward on Left, pivot ½ Right taking weight on Right, shuffle forward Left, Right, Left 5,6,7&8

Section 3: Rock, recover, coaster step, 2x 1/2 pivot

- 1,2,3&4 Rock forward on Right, recover weight back on Left, step back on Right, close Left beside Right, step forward on Right
- Step forward on Left, pivot ½ Right taking weight on Right, step forward on Left, pivot ½ Right 5,6,7,8 taking weight on Right

Section 4: Left side rock, behind side cross, Right side rock, 1/4 sailor

- 1,2,3&4 Rock Left out to Left side, recover weight on Right, cross Left behind Right, step Right to Right side, cross Left over Right
- 5,6,7&8 Rock Right out to Right side, recover weight on Left, cross Right behind Left, turning 1/8 Right stepping Left to Left side, turn 1/8 Right stepping slightly forward on Right

Section 5: Forward rock, 2 x shuffle back, back rock

- 1.2.3&4 Rock forward on Left, recover weight back on Right, shuffle back Left, Right, Left
- 5&6,7,8 Shuffle back Right, Left, Right, rock back on Left, recover weight forward on Right

Section 6: Forward rock, coaster cross, Right side rock, 1/2 sailor cross, side

- 1,2,3&4 Rock forward on Left, recover weight back on Right, step back on Left, close Right beside Left, cross Left over Right
- 5,6 Rock Right out to Right side, recover weight on Left
- 7&8& Cross Right behind Left, turn ¼ Right and step Left to Left side, turn ¼ Right and cross Right over Left, step Left slightly to Left side

...START AGAIN...

Ending; Dance up to end of Section 5 then step forward on Left to finish facing 12 o'clock

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墙数:4