Nice N' Easy



编舞者: Michele Godard (FR) - March 2013 音乐: Nice 'N' Easy - Laurent Saletto



Start after 16 count intro (approx. 9 secs)

Restart: One Restart after 24 counts, during Wall 5

Section 1: Step, Point, Step, Point, Side Together Forward, Brush

1 – 2	Step R forward. Touch L on left side
3 - 4	Step L forward. Touch R on right side
5 - 6	Step R on right side. Close left beside right.

7 - 8 Step R forward. Brush L forward

Section 2: Step, Brush, Step, Brush, Side Together Side with 1/4 turn left, Brush

1 – 2	Step L forward. Brush R forward
3 - 4	Step R forward. Brush L forward
5 - 6	Step L on left side. Close R beside L.

7 - 8 Make ¼ turn L stepping left forward. Brush R forward

Section 3: Toe Struts, Rock, Recover, Back, Back

1 - 2	Step right toe forward, drop right heel down
3 - 4	Step left toe forward, drop left heel down
5 - 6	Rock forward on right. Recover onto left.

7 - 8 Step right back. Step left back.

Restart: Here during wall 5

Section 4: R back rock, Recover, Side, Hold, L back rock, Recover, Side, Point

1 – 2	Cross rock R back, Recover onto left.
3 – 4	Step R on right side. Hold

5 - 6 Cross rock L back, Recover onto right.5 - 8 Step L on left side. Touch R on right side

Finish: To finish front wall: Sec -4 /counts 5-8, 1/4 turn right, step right close left