Hey Momma

拍数: 64	墙数: 4	级数: Phrased Improver
编舞者: Gloria Stone (USA) - April 2013		
音乐: Wagon Wheel - Darius Rucker : (Single)		

Pattern: You start the dance with PART A (done twice at the beginning, then intermittently throughout the dance).
PART B is ALWAYS/ONLY done verses that start with "Rock Me Momma"
Start dance with the lyrics

PART A - 32 Counts
FORWARD RUMBA BOX
1-4	Step Right to right, Step Left together, Step Right forward, Hold
5-8	Step Left to left, Step Right together, Step Left back, Hold

COASTER STEP, ROCKING CHAIR
1-4	Step Right back, Step Left together, Step Right forward, Hold
5-8	Rock Left forward, Recover to Right, Rock Left back, Recover right

STEP, LOCK, STEP, HOLD, CHASE TURN
1-4	Step Left forward, Lock Right behind Left, Step Left forward, Hold
5-8	Step Right forward, ½ turn over left shoulder weight to Left, Step Right forward, Hold

MAMBO FORWARD, MAMBO BACK WITH TOUCH
1-4	Rock Left forward, Recover Right, Step Left together, Hold
5-8	Rock Right back, Recover Left, Touch Right home, Hold

PART B - 32 Counts
SCISSOR STEP, VINE LEFT WITH CROSS
1-4	Step Right to right, Step Left together, Cross Right over Left, Hold
5-8	Step Left to left, Cross Right behind Left, Step Left to left, Cross Right over Left

SCISSOR STEP, VINE RIGHT WITH CROSS
1-4	Step Left to left, Step Right together, Cross Left over Right, Hold
5-8	Step Right to right, Cross Left behind Right, Step Right to right, Cross Left over Right

STEP SCUFF X4 MAKING ¾ TURN TO RIGHT
1-4	Step Right ¼ turn to right, Scuff Left foot, Step Left 1/6* turn to right, Scuff Right foot
5-8	Step Right 1/6 turn to right, Scuff Left foot, Step Left 1/6 turn to right, Scuff Right foot

*Angles do not have to be exact. Just take three step/scuffs to make a ½ turn!

ROCKING CHAIR, JAZZ BOX
1-4	Rock Right forward, Recover to Left, Rock Right back, Recover to Left
5-8	Cross Right over Left, Step Left back, Step Right to right, Step left together

HAVE FUN! ! !

Step sheet provided by: Email – gstone@SneakersNSpurs.com

Last Revision - 29th April 2013