Didn't Sleep A Wink !

级数: Intermediate

编舞者: Terry Mchugh (UK) - April 2013

音乐: Who's Been Sleeping in My Bed - Glenn Frey

墙数:2

32 count intro,

拍数: 64

Step Fwd On Right And Hold, Step Left Behind Right, Step Fwd On Right, Scuff Left Beside Right.

- 1-2 step fwd on right and hold,
- &3-4 step left behind right, step fwd on right, scuff left beside right
- 5-6 rock fwd on left , recover on right,
- 7&8 step back on left, step right beside left, step fwd on left,

Weave Left With Heel Dig, Weave Right With Heel Dig.

- 1-2 cross right over left, step left to left side,
- 3&4& step right behind left, step left to left side dig right heel fwd step right in place,
- 5-6 cross left over right, step right to right side,
- 7&8& step left behind right, step right to right side, dig left heel fwd, step left in place

Heel Digs X2, Coaster Step. Rocking Chair.

- 1-2 dig right heel fwd twice,
- 3&4 step back on right, step left beside right, step fwd on right,
- 5-6 rock fwd on left, recover on right,
- 7-8 rock back on left, recover on right

Cross Rock To Right, Chasse Left, Cross Rock To Left, Chasse Right.

- 1-2 cross rock left over right, recover on right,
- 3&4 chasse left, stepping left, right, left,
- 5-6 cross rock right over left, recover on left,
- 7&8 chasse right, stepping right, left, right,

Three Heel Digs And Hold X2.

- 1&2 dig left heel fwd, step left in place, dig right heel fwd,
- &3-4 step right in place, dig left heel fwd and hold
- \$5&6 step left in place, dig right heel fwd, step right in place, dig left heel fwd,
- &7-8 step left in place, dig right heel fwd and hold

Twinkles Fwd X2, 1/4 Turns Left X2.

- 1&2 cross right over left, step left to left side , step right in place (travelling fwd)
- 3&4 cross left over right, step right to right side, step left in place (travelling fwd)
- 5-6 step fwd on right, pivot 1/4 turn left,
- 7-8 step fwd on right, pivot 1/4 turn left,

Kick Ball Change, Walk Fwd X2, Toe Points To Side X3.

- 1&2 kick right fwd, step right beside left, step left in place
- 3-4 walk fwd right, left,
- 5&6& point right toe to right side step right beside left, point left toe to left side, step left beside right,
- 7-8 point right toe to right side and hold,

Fwd Tap, Back Tap, Sailor Steps (Travelling Back) X2.

- 1-2 step fwd on right, tap left behind right
- 3-4 step back on left, tap right beside left,





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- 5&6 cross right behind left,step left beside right, step right in place
- 7&8 cross left behind right,step right beside left, step left in place.

Choreographers note: the dance has been written as a two wall dance, but it can be changed to a four wall by changing one of the half turns in Section Six to 1/4 turn, if you so wish.

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