

Step Off

拍数: 32 墙数: 4 级数: Beginner
编舞者: Frank Trace (USA) - May 2013
音乐: Step Off - Kacey Musgraves : (CD: Same Trailer Different Park)



Intro: Start after 32 counts on the vocal.

RIGHT TOE TOUCHES, STEP SLIDE, TOUCH

- 1-4 Touch R toe to R side, touch R next to L, touch R to R side, touch R next to L
- 5 Step R a long step to the right side
- 6-7 Slow drag L to meet R
- 8 Touch L next to R

LEFT TOE TOUCHES, STEP SLIDE, TOUCH

- 1-4 Touch L toe to L side, touch L next to R, touch L to L side, touch L next to R
- 5 Step L a long step to the left side
- 6-7 Slow drag R to meet L
- 8 Touch R next to L

*** Restart happens here at the end of the 4 wall facing 12:00**

TOE STRUT JAZZ BOX WITH ¼ TURN RIGHT

- 1-4 Cross R toe over L, drop R heel, step L toe back starting a ¼ turn right, drop heel
- 5-8 Step R toe to right side, drop heel, step L toe next to R, drop heel (3:00)

STEP LOCK, STEP SCUFF, STEP, LOCK STEP, TOUCH

- 1-4 Step R forward, lock L behind R, step R forward, scuff L forward
- 5-8 Step L forward, lock R behind, step L forward, touch R next to L

START OVER

**NOTE: Easy to remember Restart happens at the end of the 4th wall facing 12:00.
You simply repeat the first 16 counts.**