

Paper Boy (aka Kim's Falling Off The Log)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Kim Nolan (UK) - 2009
音乐: The Paper Boy (On Main Street, U.S.A.) - Bill Haley & His Comets : (Album: See You Later Alligator - iTunes)



Other suggested music includes: Achy Breaky Heart, Sex Bomb by Tom Jones, etc.

Start after 32nd beat, (come in on word "Gather" in lyrics "Gather round everybody...")

(Fall off the log) Raise Arms & Kick, Weave, Raise Arms & Kick, Weave

- 1 Kick Right foot forward & lift arms (tilting body left mimicking falling off log)
- 2-3 Step Right behind left, step Left to side
- 4 Cross Right in front of left
- 5 Kick Left foot forward & lift arms (tilting body right)
- 6-7 Step Left behind right, step Right to side
- 8 Cross Left in front right

(Boogie Backs x 2) Kick Ball Change, Heel Dig, Hook, Shuffle

(bend forward slightly for Boogie Backs (travelling back Kick ball changes))

- 1 Kick Right foot forward & click fingers (or clap)
- &2 Jump back on ball of Right, then shift weight to Left stepping Left foot back
- 3&4 Repeat 1&2 again
- 5-6 Heel Dig Right heel, Hook Right foot across left shin
- 7&8 Step forward on Right, step Left to instep of right, step Right forward

Heel Dig, Hook, Shuffle, Pivot, Shuffle

- 1-2 Heel Dig Left heel, Hook Left foot across right shin
- 3&4 Step forward on Left, step Right to instep of left, step Left forward
- 5-6 Step forward on Right, Turn ½ Left (weight change to left foot)
- 7&8 Step forward on Right, step Left to instep of right, step Right forward

Pivot, Shuffle, Jazz Box with turn & clap

- 1-2 Step forward on Left, Turn ½ Right (weight change to right)
- 3&4 Step forward on Left, step Right to instep of left, step Left forward
- 5-6 Step Right foot across left, step Left back
- 7 Step Right foot to side turning ¼ right (3:00)
- 8 Close Left next to right & clap

Repeat from beginning

Choreographed by Kim Nolan "Kimbo" (2008)

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