

Honky Tonk Delight

COPPER KNOB
STEPMATS

拍数: 64 墙数: 2 级数: Improver
编舞者: Yvonne Anderson (SCO) - May 2013
音乐: A Real Good Way to Wind Up Lonesome - James House : (Album: Days Gone By, - iTunes)



Notes: 16 count intro (22 sec), Start on Vocal,

[1-8] R, SIDE, BEHIND, HEEL-BALL-CROSS, SIDE ROCK, RECOVER, BEHIND-SIDE-FORWARD

1-2 Step R to right, Step L behind right [12]
3&4 Touch R heel Forward, (&) Step ball of R beside left, Step L across right [12]
*** Restart during wall 5 facing 12 o'clock***
5-6 Rock R to right, Recover weight on L [12]
7&8 Step R behind left, (&) Step L to left, Step R slightly forward [12]

[9-16] WALK FORWARD L&R, STEP-LOCK-STEP, ROCK FORWARD, RECOVER, ROCK BACK, RECOVER

1-2 Walk forward L, R [12]
(for a harder alternate, try a two-step full turn right travelling forward)
3&4 Step L forward (&) Lock R behind left, Step L forward [12]
5-8 Rock R forward, Recover weight on L, Rock R back, Recover weight on L [12]

[17-24] R HEEL GRIND ¼ RIGHT, COASTER STEP, STEP ¼ RIGHT, CROSS SHUFFLE

1-2 Touch R heel forward, Grind ¼ turn right taking weight on L [3]
3&4 Step R back, (&) Step L beside right, Step R forward [3]
5-6 Step L forward, Make ¼ turn right taking weight on R [6]
7&8 Step L across right, (&) Step R to right, Step L across right [6]

[25-32] TURN ¼ R and SHUFFLE FORWARD, ¾ TURN RIGHT, CROSS, POINT, POINT, HITCH with ¼ LEFT

1&2 Make a ¼ turn right and shuffle forward stepping R,L,R [9]
3-4 Make ½ turn right stepping L back, Make ¼ turn right stepping R to right [6]
5-6 Step L across right, Point R toes to right [6]
&7-8 (&) Step R beside left, Point L toes to left, Make ¼ turn left hitching L foot across right shin [3]

[33-40] SHUFFLE FORWARD, SYNCOPATED CROSS ROCKS R & L, ROCK BACK, RECOVER

1&2 Shuffle forward stepping L, R, L [3]
3-4 Rock R across left, Recover [3]
&5-6 (&) Step R beside left, Rock L across right, Recover [3]
7-8 Rock L back and look back, Recover (preparing to turn) [3]

[41-48] ½ TURN SHUFFLE X 2, JAZZ BOX with TOUCH

1&2 Make ½ turn right stepping L,R,L [9]
3&4 Make ½ turn right stepping R,L,R [3]
5-8 Step L across right, Step R back, Step L to left, Touch R toes beside left [3]

[49-56] KICK-BALL STEP X 2 (travels forward), STEP ½ TURN LEFT, SHUFFLE

1&2 Kick R forward, (&) Step ball of R beside left, Step L slightly forward [3]
3&4 Kick R forward, (&) Step ball of R beside left, Step L slightly forward [3]
5-6 Step R forward, Make ½ turn left taking weight on L [9]
7&8 Shuffle forward stepping R,L,R [9]

[57-64] TWO STEP FULL TURN, SHUFFLE, OUT-OUT, IN-IN X 2 WITH ¼ TURN LEFT

1-2 Make ½ turn right stepping L back, Make ½ turn right stepping R forward [9]
3&4 Shuffle forward stepping L,R,L [9]
(for a harder alternate, try a full triple turn right travelling forward)
&5&6 (&) Step R to right, Step L to left, (&) Step R to centre, Step L to centre [9]
&7&8 (&) Make ¼ turn left stepping R to right, Step L to left, (&) Step R to centre, Step L to centre
 [6]

REPEAT

Restart : during wall 5 facing 12 o'clock,

Dance finishes facing 12 o'clock
